



**MARKET DRAYTON
MARKET LTD**
Market Drayton Market Report
The Following Trade:



MONDAY 30 MARCH 2026
**112 BARREN COWS, CULL BULLS &
OVERAGE CLEAN CATTLE (Green Market)**
Auctioneer : Bernie Hutchinson (07778 164274)

Seasonable entry forward as cull numbers tighten regionally resulting in another buoyant trade throughout just showing while supply is light there is no better place to market your cows than on their legs through the market!! Please remember its not just one mans opinion or pricing at the market it's a range of wholesalers, exporters, retailers and further finishers and its this dynamic which adds the value. Trade remains extremely brisk for the time of year and many more cows could be sold to vendors advantage!!

Top of the shop this week returned at 377p or £2,910.44 for clean, 349p or £2,762.46 for sucklers, 329p or £3,724.28 for bulls and 288p or £2,251.80 for dairy. The overall market average returned at 252p or £1,631.32.

79 Dairies - Wow, what a trade especially for lean young cows and these raced away to 288p or £1,578.24 for a black and white from P.G. Beswick & Sons, Rudyard and further cow to 275p (£1,386.00). DE.&SE. Furnival Ltd, Napley Lodge saw 276p (£1,816.08) for Danish Red, Mr C.J. Tams, Dutton Heath black and white to 272p (£1,746.24). Montbeliarde's to 270p (£2,251.80) from R.J.&R.H. Gadsbey, Yarlett, Fleckvieh's to 266p (£2,053.52) from The Martin Partners, Longford and J.M. Brindley & Partners, Blakenhall saw their black and white to 265p (£2,029.90) to mention a few. The section average returned at 232p or £1,445.45.

26 Sucklers - Humble number forward racing away to 349p or £2,638.44 for shapely Limousin from J.W. Gosmore & Partners, Tattenhall. The Sidebottom Family, Mottram St Andrew saw their Simmentals to 329p (£2,151.66), 319p (£2,003.32) and 315p (£2,400.30), Mr Steve Simpkin, Almington sold a Charolais to 309p to return £2,762.46 and a Limousin to 309p (£2,002.32). Natives a flyer selling to 185p or £2,730.30 for Hereford from Mr Phil Cadwaladr & Family, Leighton. The section average returned at 302p or £2,096.13.

4 Bulls - Stock bull trade is phenomenal at present with the heavier the better bulls to sell. Trade peaked at 329p or £3,724.28 for a Simmental from Mr Robert Butterworth & Family, Barnton. G. Ward Farms Ltd, Madeley saw their Simmental to 312p (£2,446.08). Shorthorn bull to 296p (£2,468.64) from CD.&SE. Malkin, Cotwalton and a Limousin to 288p (£1,877.76) from The Tams Family, Dutton Heath. The section average returned at 309p or £2,629.15.

3 Clean - Humble number forward seeing Mr Phil Tushingam & Family, Clotton dominating the podium with their Blue heifers to 377p or £2,910.44 and 364p (£2,482.48). Young Shorthorn sold to 320p (£1,382.40).

Please Note **NO BARREN COW /OTM SALE** on **MONDAY 6 APRIL**. Pig, Weanling & Dairy Youngstock Sales as normal. Thank you for your support. We will take cows on **Wednesday 8 April** if you need to move any or back to normal on **Monday 13 April with Red market**.

Thank you all for your support and please keep the numbers coming to meet increasing demand.

- RED MARKETS -

Red Market Will Be The Second Monday of Every Month ... Monday 13 April/11 May, 3.30pm.
For all cattle including T.B. restricted holdings with a movement licence from Animal Health.

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PIGS

Auctioneer : Ben Baggott (07791 791356)
Easter Monday 6 April, 10.30am
Entries to include:

- 10 to 15 Cull Sows
- 60 to 100 Fat Pigs
- 50 Store & Weaner Pigs

- NEXT PIG MARKETS -

Monday 6th April (Easter Monday) & 20 April, Monday 4 & 18 May 10.30am
Cull Sows & Boars Followed by Prime Pigs
All enquires to Ben 07791 791356.

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WEDNESDAY 1 APRIL 2026
142 CLEAN CATTLE & YOUNG BULLS
Auctioneer : Bernie Hutchinson (07778 164274)

Light entry which is understandable being "Good Friday and Easter Weekend" combined with a lack lustre Monday and Tuesday trade nationally the predictions seemed to point in the direction of a hard trade. But just shows you the auctioneer knows nothing and a very buoyant trade prevailed especially for well fleshed and handy weight cattle. A good attendance ringside and limited numbers resulted in some very spirited bidding. Big thank you to the vendors who did attend and apologies to the ones I poured cold water over yesterday. I think the trade just highlights how fragile the beef industry is and that one percent either side of the "knife edge" between boom and bust!!!

Talking points today highlighted bulls to 445p twice or £3,987.20, heifers to 444p or £2,601.84 and steers to 415p or £3,078.40. The overall market average returned at 360p or £2,099.68.

42 Bulls - Another light entry but easily absorbed on a stronger trade especially for shape and weight. Sucklers raced away to 445p twice to return £3,987.20 and £3,898.20 for Limousins from Will & Jackie

Forrester, Colehurst. Close behind Mr Ralph Jones, Penkridge saw 444p (£2,513.04) for his Limousin. Paul & Christine Tippetts, Hill Lodge sold their Limousins for 443p (£3,322.50), 440p twice (£3,317.960 and £3,124.00). Distant supporter Mr Chris Price, Llanfihangel sold his Limousins to 426p (£2,300.40), 419p (£2,354.78) and 416p (£2,404.48). Natives bulls to 369p (£2,280.42) for Angus from The Morris Family, Llangedwyn. Drayton specials saw black and whites to 365p (£2,372.50) from Mr Ralph Jones, Penkridge. The section average returned at 367p or £2,291.76.

33 Steers - A very mixed entry which would be "bread and butter" for MDM as 'beggars cannot be choosers' with a lot of heavy common types in the ranks. Only really a handful of shapely handy weights forward and these peaked at 415p or £2,299.10 for Blue Cross from Eaton Wood, The Heath Family and 398p (£1,997.96), 374p (£1,595.76) and 372p (£2,001.36). In the lump Mr Julian Aston, Corfield & Aston saw their Limousin realise £3,078.40. Natives sold to 378p (£1,958.04) for a Hereford from Eaton Wood, Coton and in the lump JG.&DJ. Francis & Son, Newtown saw their Angus return £2,343.30. The section average returned at 355p or £2,102.74.

67 Heifers - Shape, grade and weight certainly finding a premium on the day and many more could have been sold to vendors advantage even this week! Trade raced away to 444p or £2,601.84 for Limousin from a regular Cheshire vendor. Mr Andrew Williamson, Utkinton had a couple of his own sucklers forward selling to 428p (£2,217.04) and 390p (£2,347.80), The Williams Family, Corwen saw their Limousins to 425p (£1,963.50), 417p (£1,926.54), 408p (£1,729.92), 395p (£1,864.40) etc. Great to see Mr Pete Moseley & Family, Allstock back with Limousins to 411p (£2,466.00), 391p (£2,416.38) etc. Natives sold to 405p (£1,587.60) for Angus from regular Cheshire vendor to mention a few. The section average returned at 360p or £2,050.75. Happy Easter to one and all!!

52 DAIRY CATTLE

Auctioneers: Jason Brown (07774 816384) & Gwilym Richards (07768 020393)

**TOP PRICE COW £3,000
TOP PRICE HEIFER £2,860**

A mixed entry, lacking first quality heavy milkers but trade just as good on the best and perhaps a shade dearer on the rest. Top price today was £3,000 from M. Weaver Ltd, Stone for Lot 5 Astonpool Pepper Elizabeth GP82 she sold fresh giving 59kgs daily their other cow sold at £2,420. W.L. Smith & Son, Bostock sold Lot 3 Bostock Applejax Janet at £2,540.

Heifers to £2,860 from L.F. Horton & Sons, Little Leigh for Lot 9 Heathleigh Fitz Present 3 £2,820 from Mr D.& E. Monk, Ormskirk for Lot 24 Bannistree Smutty 276. Also at the same money Lot 17 from A.C. Hocknell & Sons, Coton. £2,780 from D.I. Ball & Son, Sandbach. £2,680 from HS & A. Callwood, Ollerton and £2,600 again from D.&E. Monk, Ormskirk.

Dry cows to £2,240 from Turnstone Farming, Cheltenham.

Calves (weaned) to £500 x 2 from R.&R. Moss, Stafford. Cross bred milk calves to £240 from JA.&MH. Wright, Sandbach.

Only one bull in today a super young Charolais bull from Mr A.J. Mould, Stafford selling at £3,050.

Averages:

Cows (all breeds and faults)	£2,345
First Quality	£2,653
Heifers (all breeds and faults)	£2,075
First Quality	£2,756

**Next Monthly Show & Sale supported by
The Western Holstein Club Wednesday 29 April.**

**Next Monthly Youngstock Sales
Monday 6 April (Easter Monday)/4 May 2026 at
10.45am entries to Jason or Jonty.**

230 STORE CATTLE

Auctioneer : Ben Baggott (07791 791356)

Consistent numbers forward and a stand on trade from previous weeks but outlying cattle to grass sold on a belting trade. Next week is show potential sale week but we will defiantly want a full yard of stores as well please.

Single cow and calf forward from Dave Evans, Little Green for a Hereford cow and blue calf to £2,450.00. Very small show of feeding bulls sold to a top of £1,610 for Angus and section average £1,018 or 326p. Only five Friesian steers in topping at £1,990 and averaging £1,652 or 326p.

Plenty of bounce about the yarding cattle today topping at £2,290 for top notch Limousin heifer from Sandyford Farm Partnership, Woore. Plenty of good cattle £1,800 to £2,100 or 380p to 390p/kg. Best of the native heifers at £1,800 and topping at £2,040 for Angus from Mr P. Colclough & Son, Spurstow to average around 350p to 360p/kg topping at 380p/kg.

It was the outlying cattle or genuine grazing cattle that stole the show today. Trading at £1,600 to £1,700 topping at £1,970 for 430kgs Charolais from RW.&JE. James, Outlawes. It was the smaller sorts that look an even better trade at £1,100 to £1,300 for native steers and heifers. Some lovely posh suckler breds from D.&J. Johnson, Bignall End getting away well be £1,600 to £2,000 at ten to twelve months at 450p to 480p/kg.

Steers averaged £1,702 or 388p
Heifers averaged £1,594 or 361p

Next week Special Entry of Show Potential Cattle to be sold at the start of the store section.

250 plus stores needed next week please - all store enquiries to Ben 07791 791356.

**SHOW
POTENTIAL CATTLE
WANTED**

We are looking for weanlings and store cattle with show potential for our young competitors to purchase for the competition.

**Monday 6th April - Weanlings, 11.30am
Wednesday 8th April - Stores, 12.30 pm**

**PLEASE SPREAD THE WORD AND SUPPORT
OUR YOUNG HANDLERS!**

Steers

Breed	Price	Weight
Friesian	£1,990.00	597kg
Friesian	£1,145.00	371kg
British Blue	£2,160.00	571kg
British Blue	£1,990.00	505kg
British Blue	£1,925.00	476kg
British Blue	£1,885.00	516kg
British Blue	£1,695.00	444kg
Angus	£2,010.00	582kg
Angus	£1,970.00	550kg
Angus	£1,875.00	495kg
Angus	£1,700.00	444kg
Longhorn	£1,060.00	296kg
Hereford	£1,680.00	470kg
Hereford	£1,680.00	381kg
Hereford	£1,500.00	416kg
Hereford	£1,400.00	356kg
Hereford	£1,390.00	325kg
Charolais	£1,970.00	431kg
Simmental	£1,820.00	506kg
Simmental	£1,240.00	344kg
Limousin	£1,750.00	390kg
Limousin	£1,690.00	356kg
Limousin	£1,530.00	358kg
Limousin	£1,460.00	314kg

Heifers

Breed	Price	Weight
British Blue	£2,035.00	564kg
British Blue	£1,950.00	501kg
British Blue	£1,935.00	498kg
British Blue	£1,795.00	460kg
British Blue	£1,770.00	485kg
Shorthorn	£1,640.00	488kg
Shorthorn	£1,420.00	441kg
Angus	£2,040.00	584kg
Angus	£1,895.00	557kg
Angus	£1,875.00	514kg
Angus	£1,805.00	480kg
Bazadaise	£1,310.00	314kg
Hereford	£2,000.00	656kg
Hereford	£1,800.00	498kg
Hereford	£1,700.00	491kg
Hereford	£1,660.00	464kg
Hereford	£1,425.00	389kg
Charolais	£1,970.00	518kg
Charolais	£1,450.00	384kg
Simmental	£1,300.00	368kg
Limousin	£2,290.00	546kg
Limousin	£2,075.00	488kg
Limousin	£2,070.00	462kg
Limousin	£1,900.00	434kg
Limousin	£1,610.00	318kg
Limousin	£1,340.00	348kg

9 PRIME LAMBS

Auctioneer : Mark Jones (07813 625787)

Not enough lambs forward selling to a very good trade to return an average of 502p. Top price was 510p for 39kg to return £198.90 for GC Wright.

2,296 PRIME HOGGETS

Auctioneer : Mark Jones (07813 625787)

Slightly less hoggets forward selling to a very pleasing trade to return an overall market SQQ average of 421.76p.

Lights sold to 421p for 31.3kgs to return £131.77

Vendor

J.&S. Farming
Al.&GS.Hollinshead
P.Colclough&Son
EV&B.Boughey&Son
RW&WM.Heath&Dau
Sandyford Fm Ptns
C.F. Matthews & Son
Distinctive Holsteins
Atkin Farms
Winnington Dairy Fm
C.F. Matthews & Son
Al.&GS.Hollinshead
Mr J.B. Beech
RW.&JE.James&Son
Mr F. Stubbs
Al.&GS.Hollinshead
F.J. Cornes & Son
RW.&JE.James&Son
RW&WM.Heath&Dau
Mr C. Armstrong
D. & J. Johnson
D. & J. Johson
Mr Mark Lokier
PE.&G. Hale

Vendor

P.Colclough&Son
Distinctive Holsteins
C.&B. Slater
EV&B.Boughey&Son
J. & S. Farming
Mr J.B. Beech
Mr P.J. Bailey
P. Colclough&Son
EV&B.Boughey&Son
O.C.Whittaker&Sons
Newbold Partners
Newbold Partners
F.H. Martin & Co.
P. Colclough&Son
J. & S. Farming
C.F. Matthews & Son
AD.& J. Potts
J. & S. Farming
Talbots Contracting
Mr P. Hinton
Sandyford Fm Ptns
S. & G. Mellor
D. & J. Johnson
D. & J. Johnson
D. & J. Johnson
Talbots Contracting

for J.S Chesters & Son.

Standards sold to 472p for 38.7kgs to return £182.66 for WL & JA Forrester. Other highlight prices as follows:- 38.1kgs (440p) £167.64 for TJ Nichlos, 39kgs (440p) £171.60 PF & PD Parsons & Partners, 38kgs (440p) £167.20 M Groom, 36.5kgs (439p) £160.24 D W Benbow to mention a few.

Mediums topped at 501p for 42.5kgs to return £212.93 for B Lawton & Son. Others as follows: 41.2kgs (500p) £206.00 D & JM Williams, 45.3kg (492p) £222.88 for R Swift & Sons, 42.3kgs (486p) £205.58 WL & JA Forrester, 43.7kg (483p) £211.07 D & JM Williams etc.

Heavies sold to 484p for 46kgs to gross £222.64 for Ashley Williams. Top price in the lump was £225.60 for 47kgs from the same home. The vast majority of heavies sold from 380p to 420p or £188 to £210. More required next week please.

	Sold	Av.
Premium	389	472p
Prime	1,599	418p
Other	308	391p

Lambs Graded:- Lights 421p (£133.14) average 389p (£113.83). Standards 472p (£182.66) average 414p (£148.53). Mediums 501p (£222.88) average 425p (£181.96). Heavies 484p (£225.60) average 389p (£194.66).

223 BUTCHERS EWES

Auctioneer : Mark Jones (07813 625787)

Ewes sold to a flying trade with the best to £250 for cracking Texel ewes from RG Swain. Rams to £250 for LG Farms Ltd. Light ewes sold from £70 to £90, plain ewes £100 to £120, cutting ewes £130 to £160 and heavy ewes £170 to £220. An overall average was returned at £172.52.

72 STORE SHEEP

Auctioneer : Mark Jones (07813 625787)

Ewes and lambs sold to £250 for double couples from JB & SJB Bowdler. Store hogs sold to £138 from Helen Mosford.

1,140 REARING CALVES

Auctioneers : Ben Baggott (07791 791356) & Jonty Cliffe (07595 453306)

What a day!! A new record entry with 1,140 calves through the gates. A huge thank you to our team of staff for their hard work today, and to all buyers and vendors for their continued support. Trade was superb from start to finish, with strong demand right to the final calves, with some nearer the end of the sale being the top prices in their section! While overall trade was slightly back on the previous fortnight across all grades, it still delivered an extremely impressive average of £374 per head, with 168 calves making over £600. The power of the auction strikes again, with 126 sellers and 82 buyers - competitive bidding at its very best.

Friesian Bulls – A few less forward but a fantastic trade to average £118. Top price was Lot 1067 at £315 from J.&L. Macpherson Ltd, Newchurch. Best: £200-£300, Mediums: £125-£175, Smalls: £30-£100.

Native Bulls – High demand throughout with 28 over £550! Top price: £625 for a Hereford from P.&Y. Farming, Stafford. Best: £525-£600, Mediums: £425-£500, Smalls: £250-£400.

Continental Bulls - The demand never dropped, leading to a fast trade throughout with another good section average of £518 per head. Top price: £800 for a Blue from

DA.&EM. Drinkall & Son, Winsford. Best: £650-£750, Mediums: £425-£575, Smalls: £300-£400.

Native Heifers – A cracking trade, many buyers tried to pull the trade back today but the demand ensured it was nearly as dear as last week for heifers. Top price: An Angus at £500 from Summerfield Holsteins, Newcastle-under-Lyme. Best: £400-£500, Mediums: £300-£375, Smalls: £175-£275.

Continental Heifers – Super trade, best types back a bit on recent weeks but still 54 over £550, relentless demand for mediums and smalls. Top price: Lot 996 at £690 for a Blue from IC. Huxley & Co, Horsemans Green. Best: £525-£625, Mediums: £400-£500, Smalls: £300-£375.

Please note all weanlings will be sold at the end of the calf sale going forward.

Next Weanling Sale

Monday 6th April (Easter Monday) & 20 April, Monday 4 & 18 May 10.30am

400-500 Head Expected!

Monday 6 April 2026 – 11:30am

Early Entries Include:

- 6 x Limousin (6 months)
- 8 x Aberdeen Angus & British Blues (14 months)
- 16 x British Blues (10 months)
- 4 x Beef Shorthorns (12 months)
- 10 x Charolais (6-9 months)
- 22 x British Blues (8-9 months)
- 60 x British Blue, Charolais & Simmentals (4-5 months)
- 10 x Friesians (8-10 months)
- 11 x Aberdeen Angus & British Blues (6-7 months)
- 30 x British Blue (7-10 months)
- 10 x Aberdeen Angus (10 months)
- 8 x Aberdeen Angus (10-12 months)
- 10 x Hereford Pure Breds (10 months)
- 5 x Herefords (4-6 months)
- 8 x Charolais & Simmentals Heifers (3-5 months)
- 8x Aberdeen Angus & British Blue (5 months)
- 20 x Friesians (3-4 months)
- 20 x Aberdeen Angus & British Blues (6 months)
- 12 x British Blue Heifers (5-7 months)
- 10x British Blues (4 months)

BULL CALVES

FRIESIAN/HOLSTEIN

(191 - AV.£117.75)
£315 J. & L. Macpherson Ltd
£295 R. & J. Madders

BLONDE D'AQUITAINE

(4 - AV.£570.00)
£690 Shortwood Dairy Ltd
£690 J.&AJ. Weatherby

BRITISH BLUE

(250 - AV.£509.40)
£800 DA.&EM.Drinkall & Son
£770 Mr James Oulton

ABERDEEN ANGUS

(129 - AV.£412.90)
£660 Mr D.P. Mottershead
£590 RC.&RD. Jones

HEREFORD

(86 - AV.£402.00)
£625 P. & Y. Farming
£580 P. & Y. Farming

CHAROLAIS

(5 - AV.£534.00)
£690 G. Green & Son
£600 Luke Mellor & Son

SIMMENTAL

(19 - AV.£549.25)
£700 I. C. Huxley & Co.
£680 A. & I. Crowther

LIMOUSIN

(14 - AV.£268.23)
£690 R.A. Harrison Fms
£595 DG.&JA. Ball

HEIFER CALVES

BRITISH BLUE
(205 - AV.£430.39)
£690 I.C. Huxley & Co.
£660 P. & F. Jenkinson

ABERDEEN ANGUS
(98 - AV.£349.15)
£530 R. & J. Madders
£500 Summerfields Holst.

HEREFORD

(71 - AV.£313.40)

CHAROLAIS

(11 - AV.£515.43)

£470 P. & Y. Farming
£455 P. & Y. Farming

SIMMENTAL

(4 - AV.£507.50)
£530 A. & I. Crowther
£510 KP&M.Massey&Son

£610 R. & R. Moss
£570 G. Green & Son

LIMOUSIN

(7 - AV.£388.50)
£490 R.A. Harrison Fms
£470 HK Farming

FARM HELP WANTED URGENTLY
Contact Jason Brown 07774 816384 (Redditch Area)

Telehandler Driver Wanted
Whitchurch/Prees Area Contact 07803 286797.

General Farm Work Wanted
Contact 07772 487716.



HIGH HOUSE FARM MACHINERY SALE
On Behalf of R.A Alsop & J L Alsop
Friday 10th April 2026
10:30am
Sale at High House Farm, Dodds Lane, Chorley, Lichfield WS13 8DL
AUCTION OF LORRIES, TRACTORS, FARM MACHINERY, FARM & EQUESTRIAN EQUIPMENT & SUNDRIES



PLUM TREE FARM DISPERSAL SALE
On Behalf of Kennerley Farming
Friday 24th April 2026
10:30am
Sale at Plum Tree Farm, Somerford Booths, Congleton, Cheshire CW12 2QS
AUCTION OF LOADALL, TRACTORS, FARM MACHINERY, FARM EQUIPMENT & SUNDRIES



DAIRY YOUNGSTOCK SALE
Monday 6 April 2026
10:45am
For more details, please speak to Jason or Jonty
Gwilym Richards
MartEye

HAPPY EASTER
from **barbersRURAL**

OPENING HOURS:
FRIDAY 3RD APRIL - CLOSED
MONDAY 6TH APRIL - CLOSED
TUESDAY 7TH APRIL - OPEN

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Sandon Races

Easter Saturday 4th April 2026
First Race 1:00pm

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OUR TEAM ARE ONE OF FEW FIRMS OF SURVEYORS WITH THE SKILL AND EXPERIENCE TO VALUE ALL ASPECTS OF YOUR FARM



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FOR SALE

Land at Church Eaton, Stafford

22.09 acres (8.94 ha) of pasture land

Guide Price £270,000



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Shropshire Chamber of Agriculture

Founded 1866

Discover. Learn. Connect.

Join a network of farmers, land managers, and agricultural professionals interested in seeing the very best of farming, food production, and rural businesses across Shropshire.

Member Visits This Year Include:

- Morris Lubricants – factory tour
- Traditional cheese production
- Modern pig fattening unit
- Regenerative livestock systems
- Potatoes and flowers enterprise
 - Arable and sheep farm
 - Organic arable farming

New Members Welcome

Application forms are available from the Secretary.
Email: shropshirecofag@gmail.com



President: Rory Lay – Park Farm

Vice President: Roy Jackson – WR Partners

Secretary: Melanie Holt – Berrys

SHOW POTENTIAL CATTLE WANTED

MARKET DRAYTON MARKET

We are looking for weanlings and store cattle with show potential for our young competitors to purchase for the competition.

Monday 6th April - Weanlings, 11.30am
Wednesday 8th April - Stores, 12.30 pm

PLEASE SPREAD THE WORD AND SUPPORT OUR YOUNG HANDLERS!

WELLBEING DROP-IN

FULL AND MINI HEALTH CHECKS ARE BACK!

2026 DATES:

MARKET DRAYTON LIVESTOCK MARKET:	
1 ST WEDNESDAY OF THE MONTH: 10AM - 2PM	
7 TH JAN	8 TH JUL
4 TH FEB	5 TH AUG
4 TH MAR	2 ND SEPT
8 TH APR	7 TH OCT
6 TH MAY	4 TH NOV
3 RD JUN	2 ND DEC

YOU LOOK AFTER THEM... LET US LOOK AFTER YOU!

MINI HEALTH CHECK:

- BODY MASS INDEX (HEIGHT, WEIGHT, AND WAIST MEASUREMENTS)
- BLOOD PRESSURE/PULSE
- ALCOHOL AUDIT
- PHYSICAL ACTIVITY ASSESSMENT
- Q RISK/HEART AGE
- SIGNPOST/REFERRAL TO APPROPRIATE LIFESTYLE SUPPORT

FULL HEALTH CHECK:

- CHOLESTEROL CHECK
- DIABETES CHECK
- BODY MASS INDEX (HEIGHT, WEIGHT, AND WAIST MEASUREMENTS)
- BLOOD PRESSURE/PULSE
- ALCOHOL AUDIT
- PHYSICAL ACTIVITY ASSESSMENT
- Q RISK/HEART AGE
- SIGNPOST/REFERRAL TO APPROPRIATE LIFESTYLE SUPPORT

Shropshire Rural Support | **NFU RABI** | The farmers' charity

www.shropshire.gov.uk
General Enquiries: 0345 678 9900