

**MARKET DRAYTON
MARKET LTD**
Market Drayton Market Report
The Following Trade:



THURSDAY 23 APRIL 2026

374 ORANGE MARKET

Auctioneer : Ben Baggott (07791 791356)

334 Calves - A fantastic entry of calves forward with more buyers in attendance and some good strong calves on offer. Best sorts regularly £580 to £680 topping at £740 for Angus bulls and £730 for Blue bulls. Some wonderful runs of calves today very well bid for and some fantastic averages achieved, 50 Blue bulls averaged £543!!

Bulls	Top	Av.	Heifers	Top	Av.
Friesian	£430	£231			
BB	£730	£543	BB	£680	£416
AA	£740	£417	AA	£455	£242
Long	£250	£202	HFD	£230	£184
HFD	£300	£195			

17 Weanlings - Not a vintage show but well reared types keenly bid for at £580 to £650 topping at £680 for eight month old Charolais heifers.

23 Stores - Short of requirement with buyers looking for more. All cattle today 500kg plus which are the easiest to sell and vendors rewarded well for their hard work. Best cattle £1,800 to £2,000 topping at £2,010 for Limousin steers.

Steers		Weight	Heifers		Weight
Friesian	£1,575	520kg	BB	£1,700	510kg
Limousin	£2,010	666kg	AA	£1,700	508kg
Limousin	£1,9000	536kg	HFD	£1,600	500kg
Limousin	£1,855	510kg			

cattle at present. Trade remarkably good with further finishers certainly adding value to young, lean cows albeit dairy, crossbred or suckler types all seeing some very competitive bidding. Yes the edge is off but not the disaster the clean beef trade is experiencing at present! Big thank you as always to our vendors and buyers for their continued support.

Trade highlights returned at 301p or £2,246.80 for sucklers, 297p or £3,166.08 for bulls and 266p or £1,896.66 for dairy. The overall market average returning at 248p or £1,614.14.

51 Dairies - In the current climate demand still outstripping supply and dare I say it many more could have been sold to vendors advantage. Trade peaked at 266p or £1,739.64 for black and white from DJ.&E. Moss & Sons, Church Lawton and a further cow to 260p (£1,804.40). From over the county border P.G. Beswick & Sons, Rudyard saw their cow to 262p (£1,645.36), distant traveller and supporter Mr Pete Hemmings & Family, South Lodge saw their black and white to 260p (£1,814.80) etc, Ayrshire's sold to 257p (£1,655.08) from Mr Steve Bailey & Family, Lightwood Green and Brown Swiss to 257p (£1,896.66) from D.&ME. McCall & Sons, Pontesford. The section average returned at 234p or £1,466.72.

33 Sucklers - Humble number forward and a trade fuelled by further finishers looking to value add to lean young cows and in some cases "not so young". One export cow forward selling to 301p or £2,191.28 for a shapely Limousin from FS.&MJ. Heath, Pipe Gate. Feeding cows sold to 296p (£1,675.36) for a Limousin and 290p (£1,803.80) for a Blue Cross from Mr Charles Forrester, Northwood. Natives sold to 268p (£1,892.08) for a Hereford from Mr A.L. Johnson, Lichfield. The section average returned at 268p or £1,685.29.

5 Bulls - Young stock bulls to 297p or £2,423.52 for a Hereford from Mr Charles Forrester, Northwood and a further Hereford from Mr E.J. Studley, Aldersey to 278p or £2,190.64. Mr R.G. Ford, Brindley saw their Simmental to 291p (£3,166.08). Stabilisers to 289p (£2,624.12) from The Crow Family, Cherrington. Black and whites to 268p (£2,701.44) from The Beswick Family, Rudyard. The section average returned at 284p or £2,621.16.

- RED MARKETS -

Red Market Will Be The Second Monday of Every Month ... Monday 11 May/8 June, 3.30pm. For all cattle including T.B. restricted holdings with a movement licence from Animal Health.

PIGS

Auctioneer : Ben Baggott (07791 791356)

Monday 4 May (Bank Holiday) at 10.30am

Entries to include:

- 10 to 15 Cull Sows
- 60 to 100 Fat Pigs
- 50 Store & Weaner Pigs



MONDAY 27 APRIL 2026

89 BARREN COWS, CULL BULLS & OVER-AGE CLEAN CATTLE (Green Market)

Auctioneer : Bernie Hutchinson (07778 164274)

Seasonal entry forward and still a joy to sell especially when you contrast the trade with the clean

- NEXT PIG MARKETS -
Monday 4 & 18 May/1 & 15 June, 10.30am
Cull Sows & Boars Followed by Prime Pigs
All enquires to Ben 07791 791356.

WEDNESDAY 29 APRIL 2026

176 CLEAN CATTLE & YOUNG BULLS

Auctioneer : Bernie Hutchinson (07778 164274)

Numbers remaining consistent and finding a two tier trade with handy weight butchers cattle and better heavier suckler types finding a firmer trade in contrast with plainer heavier types which would be harder to place. All this said vendors realising the trade has a major correction and all absorbed on the day with something for everybody and everybody for something that is the beauty of the live market. I still however cannot believe watching the store and calves sold the strength of trade in comparison to the end product. Exceptional line up of buyers but all end users saying there is too much box beef in the system which is depressing the trade!! As always a big thank you to all our vendors and buyers in choosing MDM to market your cattle.

Top of the shop this week returned at 451p or £2,636.48 for heifers, 415p or £2,988.00 for steers and 400p or £2,778.08 for bulls. The overall market average returned at 333p or £2,034.35.

30 Bulls - A humble number forward selling on a very competitive average when you hear what's happening nationally. Best sucklers peaked at 400p or £2,456.00 for a nurtured Limousin from Caroline Evans leading the family entry with Edward & team seeing their Limousins to 387p (£2,770.92) and 272p (£2,239.44) just showing what a female touch and time can do and was well rewarded - well done Caroline! The Whitley Family, Spon Green saw their Limousin to 384p (£2,741.76) and Mr Graham Johnson, Dunston Heath Limousin to 365p (£2,263.00) etc. In the lump Eaton Wood, Coton saw their Simmental return £2,778.08. Natives saw Belted Galloway to 345p or £1,828.50 from distant supporter Mr Simon Beamond, Caersws. Drayton specials saw black and whites to 322p or £1,809.64 from Mr Sam Mayer & Family, Eaves Lane. The section average returned at 337p or £2,086.20.

69 Steers - Good number forward and boasting a lot of weight in the ranks with best butchers steers in short supply. Trade reached 415p or £2,988.00 for a Charolais from Paul & Christine Tippetts, Lodge Hill. Mr Tom Busby & Family, Haughton had a good run of Limousins to 390p (£2,293.20), 386p (£2,400.92) and 380p (£2,052.00). Mr Ian Brown & Family, Werrington saw their Blue to 378p (£2,162.16). Native types sold to 360p (£2,016.00) for Belted Galloway from Mr Simon Beamond, Caersws. The section average returned at 333p or £2,165.02.

77 Heifers - Very mixed entry but all easily absorbed with best racing away to a cracking 451p or £2,318.14 for a tremendous Limousin and 418p (£2,374.24) from distant supporters CV.&EM. Lewis & Sons, Buttington. Closer to home FS & MJ. Heath, Pipe Gate saw his Limousin to 429p (£2,247.96), Paul & Christine Tippetts, Lodge Hill Limousin to 428p and returning £2,636.48, W.A. Jebb & Son, Ford Limousin to 412p (£2,315.44) and The Williams Family, Wrexham 400p (£1,664.00) also for a Limousin to mention a few. Natives saw Luing to 358p (£2,105.04) from Jonny

Warner & Family, Stoke Heath. The section average returned at 335p or £1,920.56.

52 DAIRY CATTLE

Auctioneers: Gwilym Richards (07768 020393) & Jason Brown (07774 816384)

£3,500 TOP PRICED HEIFER -

£2,800 TOP PRICED COW - THREE £3,000+

Today's sale included the April Monthly Show & Sale which was sponsored by WR Partners Accountants and supported by the Western Holstein Club. Judging the classes was James Moseley.

The first prize pedigree heifer FOLEMILL CANDY ABBESS 3 from Mark Whitehurst, Market Drayton sold for the day's highest price of £3,500.

Ray Brown & Partners, Holmes Chapel sold their pedigree heifer BIDLEA PRIDE TAGASLING 3 for £3,250 and their third calver was awarded the championship having been the first prize pedigree cow selling at £2,780.

The second prize pedigree cow was the second calver JUMAR RETRO FIONA from TM & JM Bowes, Wettenhall and made £2,800.

Both commercial classes were won by R & J Madders, Adbaston with their heifer selling for £3,050 and their fourth calver £2,780.

Both Lachstone Farms, Lach Dennis and JE Milner, Stoke-on-Trent sold heifers at £2,800.

Trade was back on the week with some buyers silage making and others having to throw milk away.

Heifer calves sold to £240.

Averages (all in):

11 Cows £2,292

28 Heifers £2,273

Market Drayton Dairy Sales
SHOW AND SALE
WEDNESDAY
20 MAY 2026
Show at 9am
Sale at 10:15am
For more details, please speak to
Gwilym, Jason or Jonty
MARKET DRAYTON
Gwilym Richards
MartEye
DAIRY SALE

338 STORE CATTLE

Auctioneer : Ben Baggott (07791 791356)

Great numbers forward again this week and boasted by a special entry of feeding bulls. As expected the job is less and in line with the end product. Saying that younger and farming cattle still a remarkable trade.

Great to see a few more cows and calves on offer selling well at £1,700 to £1,900 topping at £2,200 from Mr Dave Evans, Tybroughton. In calf Shorthorn heifer traded at £1,700 to £1,900 topping at £2,060.

Almost a full house of Friesian steers today with better end at £1,500 to £1,600 topping at £1,800 from DI.&D. Ellis & Sons, Whittingham and £1,775 from J.& S. Farming, Sawley with the section average £1,366 or 310p/kg.

A large entry of feeding bulls attracted brisk bidding with Cherrington's Stabilisers selling from £1,740 to £1,800 topping at £2,110. A run of young Herefords sold at £1,200 to £1,500 topping at £1,750. The section returned an average of £1,452 or 348p/kg.

Yarding cattle would be less on the week but no disaster and well in line. Best cattle at £1,700 to £1,900

topping at £2,270 for Angus steers from Mr D.J. Sillito, Copmere. Better cattle generally around 370p to 380p/kg with suckler bred types and heavy outlying cattle at 385p to 410p/kg.

Younger and farming cattle getting away well at £1,300 to £1,500 for better suckler bred types.

Steers averaged £1,588 or 355p
Heifers averaged £1,484 or 354p

Next Week Wednesday 6 May - Special Entry :-

- ◆ **30 x Stabiliser Bulling Heifers (14 months).**
- ◆ **26 x Aberdeen Angus Steers & Heifers (12-14 months) Suckler Breed.**

300 plus stores needed every week please - all store enquiries to Ben 07791 791356.

Steers

Breed	Price	Weight	Vendor
Friesian	£1,800.00	579kg	DI.&D. Ellis & Sons
Friesian	£1,775.00	576kg	J. & S. Farming
Friesian	£1,680.00	560kg	J. & S. Farming
Friesian	£1,540.00	495kg	J. & S. Farming
Friesian	£1,445.00	440kg	Hollinshead Farms
Blonde	£1,860.00	556kg	Sandyford Fm Ptns
British Blue	£2,120.00	608kg	Charles Bannister
British Blue	£2,000.00	584kg	MH.&SE. Weaver
British Blue	£1,800.00	530kg	EV&B.Boughey&Son
British Blue	£1,450.00	480kg	A. & K. Thompson
British Blue	£1,430.00	340kg	Mr T.W. Goldstraw
Angus	£2,270.00	692kg	Mr D.J. Sillito
Angus	£2,060.00	590kg	MH.&SE. Weaver
Angus	£2,020.00	572kg	MH.&SE. Weaver
Angus	£1,710.00	446kg	N. & K. Brown&Son
Angus	£1,650.00	508kg	MH.&SE. Weaver
Longhorn	£1,200.00	392kg	Mr F.L. Jones
Hereford	£1,920.00	578kg	MH.&SE. Weaver
Hereford	£1,795.00	480kg	D. & J. Arthan
Hereford	£1,730.00	518kg	Mrs V.E. Lloyd
Hereford	£1,210.00	344kg	Mr J.B. Beech
Charolais	£2,190.00	618kg	R.W. Adams & Son
Charolais	£2,050.00	510kg	N. & K. Brown&Son
Charolais	£1,970.00	460kg	N. & K. Brown&Son
Charolais	£1,890.00	452kg	Alum Jones
Simmental	£1,890.00	553kg	MH.&SE. Weaver
Simmental	£1,750.00	432kg	N.&K.Brown & Son
Simmental	£1,400.00	392kg	N.&K.Brown & Son
Limousin	£2,100.00	550kg	R.W. Adams & Son
Limousin	£1,900.00	494kg	W.B. Ackerley & Ptns
Limousin	£1,790.00	548kg	Sandyford Fm Ptns
Limousin	£1,780.00	386kg	Mr B.H. Birch
Limousin	£1,580.00	394kg	Mr N. Stubbs

Heifers

Breed	Price	Weight	Vendor
Blonde	£1,590.00	400kg	Mr David Benbow
British Blue	£1,970.00	570kg	Mr Charles Bannister
British Blue	£1,860.00	540kg	Mr David Pugh
British Blue	£1,790.00	507kg	E.G.Stokes & Ptns
British Blue	£1,720.00	485kg	E.G.Stokes & Ptns
British Blue	£1,650.00	404kg	N.&K. Brown & Son
Angus	£2,130.00	654kg	Mr David Pugh
Angus	£1,890.00	596kg	Mr David Norbury
Angus	£1,550.00	424kg	Mr Tom Wood
Saler	£1,600.00	448kg	GW.&C. Jones
Hereford	£1,600.00	475kg	D. & J. Arthan
Hereford	£1,440.00	366kg	Mr David Benbow
Hereford	£1,430.00	443kg	Mr Martin Millington
Charolais	£1,720.00	548kg	Mrs V.E. Lloyd
Simmental	£1,780.00	454kg	N.&K.Brown & Son
Simmental	£1,760.00	537kg	C. & B. Slater

Simmental	£1,550.00	413kg	N.&K. Brown & Son
Simmental	£1,530.00	375kg	N.&K. Brown & Son
Limousin	£2,020.00	530kg	Mr B.H. Birch
Limousin	£1,880.00	542kg	Mrs V.E. Lloyd
Limousin	£1,580.00	398kg	BT&S.J.Jones&Ingram

290 PRIME LAMBS

Auctioneer : Mark Jones (07813 625787)

Lambs sold to a very decent trade to return an overall average of 465p.

Standards hit 525p for 39kgs to gross £204.75 for Mr Andy Hayton, Brasseley Green.

Mediums topped at 540p for 40kgs to realise £216.00 for EA.&BM. Stubbs, Coppenhall.

Heavies sold to 452p for 47.2kgs to accumulate £213.35 for Rawsthorne Farming, Derrington. More next week please.

2,340 PRIME HOGGETS

Auctioneer : Mark Jones (07813 625787)

Hogs sold to a very pleasing trade throughout to return an overall market average of 411p.

Lights sold to 409p for 32 kilos to gross £130.88 for Mr T.J. Nicholls, Dayhills.

Standards peaked at 442p for 37kgs to return £163.54 for B. Lawton & Son, Weston Jones. Others as follows :- 38.9kgs (434p) £168.83 J.H. Hockenhull & Son, 37.6kgs (431p) £162.06 A. Mitchell & Son, 38.6kgs (426p) £164.44 J.H. Hockenhull & Son and 36.8kgs (420p) £154.56 A. Mitchell & Son.

Mediums topped out at 461p for 43kgs to realise £198.23 for R. Swift & Sons, Little Onn. Other highlight prices to mention :- 43.4kgs (461p) £260.07 R. Swift & Sons, 45kgs (461p) £207.45 R. Swift & Sons, 43kgs (456p) £196.08 R. Swift & Sons, 47.8kgs (450p) £192.60 R. Swift & Sons, 39.5kgs (442p) £174.59 Ashley Williams and 42.8kgs (442p) £189.18 Ashley Williams.

Heavies sold to 420p for 46.8kgs to gross £196.56 for Ashley Williams, Basford. Top headage was £238.38 for 68.5kgs from North Shropshire Lamb Ltd, Whixhall who also had a further pen of 65.9kgs grossing £230.65. The vast majority of heavies traded between 350p and 370p or £178 to £192. More required next week please.

	Sold	Av.
Premium	199	429p
Prime	1,899	408p
Other	242	351p

Lambs Graded:- Lights 409p (£130.88) average 367p (£102.76). Standards 442p (£168.83) average 403p (£148.86). Mediums 465p (£207.45) average 413p (£176.41). Heavies 420p (£238.38) average 379p (£188.89).

359 BUTCHERS EWES

Auctioneer : Mark Jones (07813 625787)

Ewes sold on a flying trade with the best to £260 for Texel X ewes from Mr K. Edwards, Llanrwst. Light ewes sold from £80 to £110, plain ewes £120 to £150, cutting ewes £160 to £180 and heavy ewes £190 to £220. An overall average was returned at £161.22.

1,025 REARING CALVES

Auctioneers : Jonty Cliffe (07595 453306) & Ben Baggott (07791 791356)

WOW what an entry! Back over 1,000 head with 327 more calves than last week. A mixed show, with plenty of fantastic calves in the ranks alongside tail end of spring calving herds. No let-up in the trade, with another fantastic average of £441 per head. The best and medium types

have been an unbelievable trade, with 234 selling in excess of £600; 39 Charolais bulls and heifers averaged £754! Demand is simply electric. The smaller calves started in the same gear, with continentals holding well throughout the day. However, the smaller natives eased as the sale progressed, with an astonishing 462 forward in total and perhaps a few too many in that lower-grade category. Thank you to all vendors, purchasers, and staff for another busy day—our fifth entry of over 1,000 calves so far this year.

Friesian Bulls – Good numbers and strong demand for medium and best types, leading to a great average of £142. Top price £390 from both N. Dakin & Sons, Walgherton and CGR.&DE. Bennett, Market Drayton. Best: £225–£350 | Mediums: £150–£200 | Smalls: £50–£100.

Native Bulls – Where will it stop? Sky-high demand and some super sorts in the mix, with bests up a gear and 45 over £600. Top price £720 for a Hereford from James Oulton, Audley. Best: £550–£650 | Mediums: £425–£525 | Smalls: £275–£400.

Continental Bulls – The bar keeps rising, with all grades up on the week. The best have really lifted today, while smaller bulls looked just as dear in comparison. Top price £960 for a Charolais from P&Y. Farming, Stafford. Best: £700–£800 | Mediums: £500–£650 | Smalls: £350–£450.

Native Heifers – A very pleasing trade given the numbers and quality on offer. Best saw 62 over £450 and an overall average of £370. All grades up on the week, with plenty of buyers bidding hard. Top price £625 for a Hereford from James Oulton, Audley. Best: £450–£525 | Mediums: £350–£450 | Smalls: £200–£325.

Continental Heifers – A fantastic show of quality heifers, with 65 over £650. Mediums didn't drop below £425 all day. Top price £980 for a Charolais from P.&Y. Farming, Stafford. Best: £600–£700 | Mediums: £425–£575 | Smalls: £300–£400.

A small show of weanlings included 3-month Angus bulls to £760 from David Platt, Whixall, and 3-month Angus heifers to £670 from Garnett Farms, Allstock.

BULL CALVES

FRIESIAN/HOLSTEIN

(94 - AV.£142.60)
£390 N. Dakin & Sons
£390 CGR.&DE. Bennett

BRITISH BLUE

(165 - AV.£537.50)
£840GA.Hargreaves&Sons
£815 CGR.&DE. Bennett

ABERDEEN ANGUS

(125 - AV.£499.68)
£700 S. & M. Huxley & Son
£700 Mr J.L. Wainwright

HEREFORD

(113 - AV.£429.30)
£720 Mr James Oulton x 2
£660 R.J.&R.H.Gadsbey

MONTBELIARDE

(4 - AV.£485.00)
£580 D. & J. Moseley Ltd
£500 D. & J. Moseley Ltd

CHAORLAIS

(20 - AV.£797.70)
£960 P.&Y. Farming
£945 E.W. Moss & Son

SIMMENTAL

(21 - AV.£653.80)
£860 RD.&A.Roe & Son
£840 RD.&A.Roe & Son

LIMOUSIN

(12 - AV.£436.63)
£880 Mr G.B. Warner
£840 Mr G.B. Warner

HEIFER CALVES

BRITISH BLUE

(149 - AV.£484.20)
£760 E.W. Moss & Son
£720 E.W. Moss & Son

ABERDEEN ANGUS

(94 - AV.£370.50)
£530 E.W. Moss & Son
£520 CGR.&DE.Bennett

HEREFORD

(130 - AV.£369.60)
£625 Mr James Oulton
£570 Moors Covert Farm Ltd

CHAROLAIS

(19 - AV.£710.70)
£980 P. & Y. Farming
£880 P. & Y. Farming

SIMMENTAL

(16 - AV.£606.120)
£810 RD.&A.Roe & Son
£700 Mr G.J. Underwood

LIMOUSIN

(8 - AV.£552.50)
£810 Manor Farming Co.
£760 Mr G.B. Warner

WEANLING SALE ON BANK HOLIDAY MONDAY!

Monday 1 May 2026 – 11:30AM

Early entries include :-

- 40 x Blues & Simmentals (4-5 months)
- 7 x Charolais & Angus (5 months)
- 8 x British Blues (7-8 months)
- 8 x Hereford heifers (12 months)
- 7 x Blue, Simmental heifers (5 months)
- 8 x Angus and Blues (6 months)
- 15 x Angus and Hereford (8 months)
- 22 x British Blues (7 months)

12 x Hereford and British Blues (5-7 months)
Entries and Enquiries to Ben or Jonty

MARKET DRAYTON MARKET
BI-MONTHLY MACHINERY SALE

Friday 15th May 2026
10:30am
at Market Drayton Market
Vehicles, Trailers, Grassland & Cultivation Equipment and Sundries




*Photos from previous sales

TOGETHER, WE CAN MAKE A DIFFERENCE

CHARITY FARMERS DAY

WEDNESDAY 20TH MAY 2026

JOIN US IN RAISING MONEY FOR LINGEN DAVIES CANCER SUPPORT
THE REGION'S PRIMARY CANCER CHARITY

GET INVOLVED  01630 652926  enquires@mdm-auctions.co.uk





TABLEY HILL DAIRY FARM DISPERSAL SALE

On Behalf of
TA. JE.&D. Whalley

Friday 29 May 2026
10:30am

Sale at Tabley Hill Dairy Farm, Tabley Hill Lane, Tabley, Knutsford, Cheshire WA16 0EP

AUCTION OF TRACTORS, FARM MACHINERY, FARM EQUIPMENT & SUNDRIES





FORSALE

Pedigree Hereford Bull (20 Months)
BVD/Johnes Clear Contact 07970 204704.



REMINDER



STEWARDSHIP CLAIM WINDOW CLOSES FRIDAY 15TH MAY 2026

The Countryside Stewardship & Environmental Stewardship (Revenue Claims): Claim Window Closes on Friday 15th May 2026. If you have an active Countryside or Environmental Stewardship agreement, you must submit your annual claim to receive payment as late submissions may result in reductions.

**For support with your claim, get in touch
with the team on 01630 692 500**

**PLEASE NOTE: THE OFFICE WILL BE CLOSED ON
MONDAY 4TH MAY FOR BANK HOLIDAY &
RE-OPEN AT 8:45AM ON TUESDAY 5TH MAY**

barbersRURAL

FOR SALE



3.21 ACRES (1.29 HA) | MEESON, NR TELFORD

**3 BED SEMI-DETACHED COTTAGE WITH
EXTENSIVE EQUESTRIAN FACILITIES IN A
VERY QUIET, RURAL LOCATION**

Large versatile workshop with concrete floor & three phase electric | paddocks split into 5 useful paddocks | EPC E

Guide £535,000

LAND FOR SALE

NEW PRICE



25.64 ACRES (10.38 HA) | NR SHREWSBURY

**PASTURE LAND IDEAL FOR GRAZING OF
STOCK OR AMENITY PURPOSES WITH
INTERESTING TOPOGRAPHY**

Weston Heath, Nr Shrewsbury | striking sandstone gorge panoramic views | useful on-site pole barn

Guide £199,995

@barbersrural 01630 692500 sales@barbers-rural.co.uk



WELLBEING DROP-IN

FULL AND MINI HEALTH CHECKS ARE BACK!

2026 DATES:

MARKET DRAYTON LIVESTOCK MARKET:

1ST WEDNESDAY OF THE MONTH: 10AM - 2PM

7 TH JAN	8 TH JUL
4 TH FEB	5 TH AUG
4 TH MAR	2 ND SEPT
8 TH APR	7 TH OCT
6 TH MAY	4 TH NOV
3 RD JUN	2 ND DEC



- MINI HEALTH CHECK:**
- BODY MASS INDEX (HEIGHT, WEIGHT, AND WAIST MEASUREMENTS)
 - BLOOD PRESSURE/PULSE
 - ALCOHOL AUDIT
 - PHYSICAL ACTIVITY ASSESSMENT
 - Q RISK/HEART AGE
 - SIGNPOST/REFERRAL TO APPROPRIATE LIFESTYLE SUPPORT

- FULL HEALTH CHECK:**
- CHOLESTEROL CHECK
 - DIABETES CHECK
 - BODY MASS INDEX (HEIGHT, WEIGHT, AND WAIST MEASUREMENTS)
 - BLOOD PRESSURE/PULSE
 - ALCOHOL AUDIT
 - PHYSICAL ACTIVITY ASSESSMENT
 - Q RISK/HEART AGE
 - SIGNPOST/REFERRAL TO APPROPRIATE LIFESTYLE SUPPORT

