



MARKET DRAYTON MARKET LTD Market Drayton Market Report The Following Trade:

MONDAY 16 FEBRUARY 2026 202 BARREN COWS, CULL BULLS & OVERAGE CLEAN CATTLE (Green Market) Auctioneer : Bernie Hutchinson (07778 164274)

Good number forward for the time of year and trade extremely buoyant. Fantastic to see new and returning faces to Drayton and a huge thank you for your support! The green markets can certainly add value to your younger, leaner cows. Please view our social media to see how a cow worth 200p a kilo can be making 240p to 260p a kilo and on a 500 kilo animal this could be putting an additional £200 to £300 in your pocket as further finishers are adding value. We are very fortunate to have numerous further finishers and end users present and that's where the value of competitive bidding increases and sustains trade, its not one persons perception!! Again a big thank you and also to our buyers for their support.

Trade highlights to 367p or £3,251.30 for overage clean, 345p or £3,042.90 for sucklers, 324p or £2,947.80 for bulls and 310p or £2,411.80 for dairy. The overall market average of 251p or £1,639.10.

129 Dairies - Absolute corking trade throughout with demand totally outstripping supply for all weights, grades and nationalities. Young Montbeliarde took the top honours at 310p or £2,411.80 from Martin Partners, Longford and further cow to 264p (£2,069.76). Now a run of younger leaner cows all going to further finishers trading from 293p (£1,740.42) for Shorthorn from R.D. Kite & Son, Milwich and 266p (£1,276.80). Black and whites from Sillito & Gill Farming, Ashley 280p (£1,640.80), 276p (£1,755.36), 272p (£1,360.00) etc, Mr Jonathan Jackson & Family, Longpools saw 270p (£1,846.80) and M.&D. Batkin, Marchamley 266p (£1,478.96). Meated cows returning £2,175.00 for black and white from The Holdcroft Family, Sandbach and The Furnival Family, Napley Lodge saw £2,111.28 for their Danish Red and a further ten cows all in excess of £2,000 to mention a few. The section average returned at 230p or £1,471.63.

45 Sucklers - Much better sample forward and export type cows selling on a blistering trade racing away to 346p or £3,042.90 for a Limousin from Mr R.J. Shore, Churton. Distant travellers The Lewis Family, Wolvey saw their Limousin to 323p (£2,428.96) and 295p (£2,383.60), Mr Steve Simpkin, Alington Limousins to 315p (£2,261.70) and 299p (£2,421.90), Mr G.D. Swinnerton, Wollerton Blue Cross to 315p (£2,331.00) and a regular Cheshire vendor Limousin to 303p (£2,187.66). Natives saw Angus to 296p (£1,882.56) from Mr Barry Chittum, Worthen. The section average returned at 279p or £1,881.22.

9 Bulls - More stock bulls needed to meet demand trading to 324p or £2,883.60 for Limousin from Mr P.T. Hillard, Aston-Budworth. Stabilisers to 303p (£2,623.98) from distant supports M.C. Jones & Co, Berriew. Herefords to 298p (£2,932.32) from Hawthorn



Farming Ltd, Cholmondeston, Angus to 294p (£1,822.80) from Mr Graham Brassington & Family, Longton and black and white to 290p twice (£1,705.20 and £1,490.60) from RJB Farming Ltd, Marbury. The section average returned at 295p or £2,309.22.

19 Overage Clean - Real flyer racing away to 367p or £2,400.18 for Limousin heifer from Mr M.S. Lockley, Marston Gate and 334p (£2,144.28) and their Limousin steers to 351p (£2,049.84) and 328p (£2,492.80). Mr Chris Matthews & Family, Blythe Bridge saw their Hereford steers to 336p (£2,856.00), 328p (£2,833.92), 327p (£2,916.84) and 318p (£2,906.52) and their Limousin returned at £3,251.30.

- RED MARKETS -

**Red Market Will Be The Second Monday of
Every Month ... Monday 9 March/13 April, 3.30pm.
For all cattle including T.B. restricted holdings with
a movement licence from Animal Health.**

108 PIGS

Auctioneer : Ben Baggott (07791 791356)

A reduced entry overall but slightly more demand than of recent weeks.

15 Cull Sows - Best sows selling well at 50p to 60p topping at 64p from Harper Adams, Edgmond. Sows at 20p to 40p depending on breed and size. Boars remain hard to place and topping at 5p.

72 Fat Pigs - Less forward and more demand, no highlight but a steady trade especially for the better end. A lot of big heavy under finished types forward depressing the average.

	Av.	Top	Top
80kg to 100kg	112p	155p	£144.67
101kgs Plus	80p	160p	£176.00
Sows	36p	64p	£172.80

21 Stores & Weaners - More demand for a reduced entry. Saddleback weaners at £52 and £36 from Mr T. Nardine. The section average returned at £42.

- NEXT PIG MARKETS -

**Monday 2 & 16 March/6 & 20 April, 10.30am
Cull Sows & Boars Followed by Prime Pigs
All enquires to Ben 07791 791356.**

446 WEANLINGS

Auctioneers : Ben Baggott (07791 791356) & Jonty Cliffe 07595 453306

Fantastic numbers for the second sale of February sale and another strong trade which shows no sign of slowing down! A huge crowd of buyers led to strong demand from the off, resulting in a remarkable sale average of £859 per head. Credit must go to our vendors for presenting the quality cattle, with predominantly 6-10 month-old cattle today.

Very small show of bulls and lacking in quality overall. The top price went to a 9mo Saler at £1,010 from Mr T. Metcalfe, Leek; 7 month Simmental at £820 from K.H. Riley & Sons, Knutsford; 4 month Blues to £740 from JD.&KR. Jones, Leek; 4 month Hereford from Mr R.C. Booth, Bicker at £700 and 5 month Friesian bulls at £600 from Radwood Hall Farm Ltd, Baldwins Gate. All 40 bulls averaged £643.31.

The steers have been relentless with several volume buyers lifting the trade and 76 selling for over £1,000. Top call going to 10 month Blues from OM.&JR. Whittingham, Muckleston at £1730 and £1710. Next up 7 month Charolais at £1,350 from Mr C.R. Talbot, Stafford; 6 month Limousins from Mr J. Grocott, Aston at £1,300; 7 month Angus at £1,300 from Melissa J. Fox, Barthomley; 8 month Limousins from Mr A.J. Pugh, Wem at £1,220; 10 month Simmentals from B. Lawton & Son, Weston Jones at £1,130 and 10 month Blues from Mr E. Simms, Northwich also at £1,130. The younger types saw 5-6 month Blues steers at £1,120 from R.W. Adams & Son, Stoke-on-Tern; 5-6 month Herefords at £1,070 from Mr A.P. Davies, Nantwich; 6 month Angus at £1,010 Mr M.W. Whalley, Stapeley. All 188 steers averaged £975.47.

Plenty of quality heifers on offer and a fast trade throughout. Top spot went to a 10 month Blue from OM.&JR. Whittingham, Muckleston at £1,610; followed by 9 month Limousins at £1,390 from Mr J.G. Johnston, Dunston Heath; 7 month Charolais at £1,370 from Mr C.R. Talbot, Stafford; 7 month Limousin at £1,320 from Mr J. Grocott, Aston. Topping the younger end were 6 month Herefords from Mr A.P. Davies at £980 and 6 month Blues at £970 from Mr J. Redfern, Tamworth and 6 month Limousins at £930 from R.W. Adams & Son. All 218 heifers averaged £828.63.

Next sale is 2 March 2026, please book early entries in with Ben or Jonty.

WEDNESDAY 18 FEBRUARY 2026

175 CLEAN CATTLE & YOUNG BULLS

Auctioneer : Bernie Hutchinson (07778 164274)

Few less and certainly not the depth of quality we saw last week which would impact on our averages this week for certain. But as always at Drayton we do not "cherry pick the best and leave the rest" we are grateful for all and any support and as always a big thank you to all our vendors and buyers. Very much a two tier sale with handy weight best butcher cattle and best heavy suckler types very easy to place, but second and third quality cattle harder and its great to think we have the luxury of our further finishers looking to under pin the trade.

The only real grumble this week coming from our buyers unable to fulfil orders and one or two commercial vendors would feel their cattle easier than last week. Please remember when deadweight centres are quoting anywhere from 600p to 630p a kilo our trade in comparison for run of the mill cattle would be very competitive.

Top of the shop this week returned at 436p or £3,035.84 for bulls, 430p or £2,645.76 for heifers and 412p or £2,698.80 for steers. The overall market average returned at 355p or £2,091.65.

54 Bulls - Last week an entry dominated with suckler bred types this week only a handful selling on a

strong trade peaking at 436p or £2,371.84 for a Limousin from distant supporters Mr Chris Price & Family, Llanfihangel and a further Limousin to 416p (£2,720.64), Mr Dafydd Morris & Family, Maengwynedd saw their Bazadaise to 424p or £3,035.84. Dairy bred Blues to 380p (£2,257.20) from Mr Martin Edwards & Family, Lower Morton and dairy bulls to 361p (£2,072.14) for a Montbeliarde from ED.&J. Morris & Sons, Llangedwyn. Drayton specials sold to 351p (£1,923.48) for black and white from SW.& SM. Evans, Smallwood to mention a few. The section average returned at 350p or £2,149.12 and in this average eight bulls under 450 kilos.

41 Steers - Little bit harder work and not just the depth in quality to pull the averages along. Pole position this week sold to 412p or £2,694.48 from a regular Cheshire vendor for a Blue and a Blonde to 376p (£2,338.72) etc. In the lump Dafydd Morris & Family, Maengwynedd Limousin grossed £2,698.80. Mr M.G. Butler, Light Oakes saw 388p (£2,172.80) for their Limousin. Natives sold to 361p (£2,360.94) for White Park from The Walker Family, Rushton. The section average returned at 354p or £2,268.13.

80 Heifers - The good, bad and ugly all represented seeing the crowning glory going to a Limousin at 430p (£2,408.00) from distant supporters The Jones Family, Neuadd Goch and further entry to 426p (£2,402.64), 422p (£2,371.64) and 418p (£2,566.52) etc, Mr Frank Heath & Family, Pipe Gate saw their Limousin to 426p (£2,274.84). Regular Cheshire vendor Blue to 418p (£2,474.56) and closer to home The Warner Family, Stoke Heath Limousin to 416p (£2,645.76). Natives sold to 414p (£2,119.68) for Angus from The Williams Family, Corwen. The section average returned at 360p or £2,096.92.

Please keep the numbers coming to meet this flying demand. Please ensure all cattle are accompanied with a FILLED IN DECLARATION FORM signed & correct Farm Assurance details. Thank you.

37 DAIRY CATTLE

Auctioneers: Jason Brown (07774 816384) & Gwilym Richards (07768 020393)

TOP PRICE HEIFER £2,450

TOP PRICE COW £2,700

Credit must go to the vendors for a super show of cattle today. Probably one of the best show of heifers we have seen for a long while. Top price today was £2,700 from T.G. Phillips & Co, Llanymynech for Lot 18 Burgedin Rimrock Ella sold giving 34kgs daily, she was very closely followed by Lot 19 Burgedin August Oleo sold giving 34kgs, their other heifer sold at £2,680.

R.F. Goodwin & Son, Earls Croome sold twelve tremendous heifers, this was a super bunch of even heifers with great udders, all selling over £2,000 to a top of £2,610 for Lot 5 a Peak Alta Gulliver daughter giving 36kgs daily. Others from this home £2,580, £2,560, £2,550 —their twelve heifers averaged £2,450. Only four heifers sold for less than £2,000.

Cows a second calved cow from D.&E. Monk, Ormskirk Lot 25 Bannistree Queen 382 G79 sold for £2,450 and another second calved cow from J. Lomax & Son, Baldwins Gate Lot 21 Charlton Pro Helene Red G79 sold for £2,260.

Friesian heifer calves from Burland Farms, Rossett to £380 to average £310 all calves were two weeks old.

A Simmental bull to £3,700 from Mr J. Wainwright, Ellesmere.

Averages:

First Quality Cows £2,360

Cows (including faults/all breeds) £1,902

First Quality Heifers £2,450

Heifers (including faults/all breeds) £2,305

**Next Monthly Show & Sale supported by
The Western Holstein Club
Wednesday 25 February 2026.**

**Next Monthly Youngstock Sales
Monday 2 March / 6 April 2026 at 10.45am
entries to Jason or Jonty.**

202 STORE CATTLE

Auctioneer : Ben Baggott (07791 791356)

Over two hundred stores this week for our weekly market and what a trade!! More men ring side and trade on the up!!

A single cow and calf traded at £1,800 for a Longhorn from Mr Simon Rigby, Acton Bridge. Again the feeding cow section cracking loads of interesting with cows at £1,300, £1,290, £1,280 etc to average 258p/kg. A small entry of bulls topping at £1,140 and averaging 311p/kg. NO Friesian steers forward!! Please can you help??!!

Yarding cattle up a gear with £2,000 plus easily achieved. Best up to £2,570 for Blue steers from Mr D.J. Rikunenko, Whixall. 360p to 400p/kg easy with most models averaging around 360p to 380p/kg. Best native heifers at £1,600 to £1,800 topping at £1,940 for Aberdeen Angus from H.A. Barber & Son, Mere and £1,800 for Hereford from Emma Timmis, Hilderstone.

A great entry of younger cattle today at 10 to 14 months old with good stores at £1,300 to £1,400 topping at £1,560 for ten month old Limousin steers from DP.&JM. Mounfield, Little Budworth. An army of buyers for younger cattle today and many more could have been sold.

Steers Averaged £1,768 or 382p

Heifers Averaged £1,608 or 347p

200 plus stores needed every week please - all store enquiries to Ben 07791 791356.

Steers

Breed	Price	Weight	Vendor
Friesian	£2,320.00	480kg	Mr D.G. Witter
Friesian	£1,970.00	492kg	Mr D.G. Witter
British Blue	£2,570.00	746kg	Mr D.J. Rikunenko
British Blue	£2,175.00	551kg	RD.&EV. Clemson
British Blue	£1,990.00	572kg	James Kettleborough
British Blue	£1,710.00	436kg	B. Lawton & Son
Shorthorn	£1,440.00	354kg	DP.&JM. Mounfield
Shorthorn	£1,210.00	318kg	DP.&JM. Mounfield
Angus	£2,180.00	592kg	Mr R.H. Turner
Angus	£2,160.00	630kg	James Kettleborough
Angus	£1,820.00	488kg	A. & K. Thompson
Hereford	£1,980.00	564kg	James Kettleborough
Hereford	£1,930.00	527kg	OC.Whittaker & Sons
Hereford	£1,860.00	484kg	Mr J.A. Bilsborrow
Hereford	£1,610.00	376kg	EA.&A. Jones
Charolais	£2,260.00	547kg	Mr R.H. Turner
Charolais	£1,810.00	512kg	Wheeldon Partners
Simmental	£1,970.00	524kg	Mr R.H. Turner
Simmental	£1,685.00	438kg	DP.&JM. Mounfield
Simmental	£1,610.00	396kg	DP.&JM. Mounfield
Limousin	£2,380.00	644kg	Mr M.S. Lockley
Limousin	£2,220.00	498kg	Mr D.G. Witter
Limousin	£1,990.00	511kg	Wheeldon Partners
Limousin	£1,400.00	314kg	DP.&JM. Mounfield

Heifers

Breed	Price	Weight	Vendor
British Blue	£2,200.00	584kg	Mr D.A. Lockett
British Blue	£1,940.00	534kg	K.&JM. Jackson
British Blue	£1,830.00	457kg	R.&ME. Nicholls
British Blue	£1,570.00	410kg	F.H. Davies & Son
Shorthorn	£1,955.00	562kg	CR&G.Shepherd&Son
Angus	£1,940.00	609kg	H.A. Barber & Son
Angus	£1,780.00	488kg	Mr D.P. Bourne
Angus	£1,555.00	435kg	N. & B. Livestock
Angus	£990.00	270kg	DP.&JM. Mounfield
Piedmont	£1,580.00	411kg	R.&ME. Nicholls
Hereford	£1,800.00	494kg	Emma Timmis
Hereford	£1,600.00	428kg	Mrs H.M. Timmis
Hereford	£1,450.00	424kg	Bank's Livestock
Simmental	£2,260.00	636kg	Mr D.A. Lockett
Simmental	£1,440.00	378kg	F.H. Davies & Son
Limousin	£2,200.00	622kg	Mr M.S. Lockley
Limousin	£2,180.00	480kg	Mr D.G. Witter
Limousin	£1,910.00	431kg	Mr S. Simpkin
Limousin	£1,680.00	392kg	R.&ME. Nicholls
Limousin	£1,545.00	391kg	RM.&AJ. Gray
Limousin	£1,180.00	306kg	Emma Timmis

1,942 PRIME HOGGETS

Auctioneer : Mark Jones (07813 625787)

A good entry of hogs forward selling to a very fast trade. A total clearance was reported and an overall market average was returned at a staggering 369p!

Lights sold to 345p for 31.5kgs to generate £108.68 for Mr M. Beeston, Marton.

Standards raced away to 430p for 37kgs to realise £159.10 for Mr M. Leese, Uttoxeter.

Mediums peaked at 460p for 43.6kgs to return £200.56 for Mr P.D. Crossmore, Nantwich. Others as follows:- 39.4kgs (456p) £179.67 B. Lawton & Son, 43.6kgs (441p) £192.28 B. Lawton & Son, 41kgs (441p) £180.81 B. Lawton & Son, 43kgs (430p) £184.90 Mr M. Leese, 43kgs (428p) £184.04 Mr O. Price and 44.2kgs (417p) £184.31 J.H. Hockenhull & Son.

Heavies sharper with the best to 453p for 49.3kgs to gross £223.33. Top price in the lump was BV&DA. Cliffe & Sons, Sound with them 58.5kgs grossing out at £224.64. The vast majority of heavies traded between 320p to 340p or £158 to £175. More required next week please.

	Sold	Av.
Premium	202	399p
Prime	1,551	368p
Other	189	309p

Lambs Graded:- Lights 345p (£108.68) average 325p (£92.94). Standards 430p (£159.51) average 361p (£130.89). Mediums 460p (£200.56) average 374p (£158.17). Heavies 453p (£224.64) average 338p (£170.36).

MARKET DRAYTON

EASTER SHOW AND SALE

LAMBS AND CALVES

WEDNESDAY 25TH MARCH 2026

KINDLY SPONSORED BY

FarmVet
Mart's Heart
LLM FarmVets

384 BUTCHERS EWES

Auctioneer : Mark Jones (07813 625787)

Ewes remain a very good trade with the best to £280 for Texel ewes from Mr Andy Hayton, Brassey Green. Rams to £218 for a Texel ram from GH.&J. Cork, Oakhanger. Light ewes sold from £30 to £70, plain ewes £80 to £110, cutting ewes £120 to £140 and heavy ewes to £160 plus. An overall average was returned at £155.46.

647 REARING CALVES

Auctioneers : Ben Baggott (07791 791356) & Jonty Cliffe 07595 453306

A great day in the calf section with more forward and a fantastic trade once again. We've had a bit less quality on offer this week to take advantage of the top prices, but we've still had an outstanding 124 calves selling in excess of £550. The demand is there from top to bottom, lets hope it continues as the numbers increase week on week.

Friesian Bulls – As expected a lot more in with 151 forward and they've been unbelievable, the trade of the day. If you're after Friesians we've got plenty of choice. Top price was £410 from PDT Lokier, Lyneal. Best: £200-£300, Mediums: £125-£175, Smalls: £50-£100.

Native Bulls – A phenomenal trade, with 54 over £550! But we NEED more quality to take advantage of this demand. Top price: £680 for an Angus from JR Atkin, Whitgreave. Best: £525-£650, Mediums: £450-£500, Smalls: £250-£400.

Continental Bulls – A pleasure to sell with high demand for all grades, section average of £544 per head. The best have been dearer again this week! Top price: £765 for a Blue from M Kulik, Loppington. Best: £600-£725, Mediums: £500-£575, Smalls: £300-£450.

Native Heifers – A good mix of sorts today and another strong trade, quite a few spring calving types in which have sold superbly well. Top price: Hereford at £535 from RJ&DJ Clement, Gorseley Bank. Best: £400-£475, Mediums: £275-£375, Smalls: £150-£250.

Continental Heifers – A phenomenal trade for all types with a section average of £468! All grades in sky high demand. Top price: £750 for a Charolais from D&E Monk, Ormskirk. Best: £550-£625, Mediums: £425-£525, Smalls: £300-£400.

A good number of young weanlings included a 4 month Charolais heifer at £770 from G Green & Son, Lach Dennis; 3 month Blonde bull at £760 from KR Britton & Son, Dereham and 3 month Angus bulls to £700 from DI Jones, Habberley.

BULL CALVES

FRIESIAN/HOLSTEIN

(151 - AV.£150.86)
£410 Mr P.D.T. Lokier
£365 Mr Ed Fair

SHORTHORN

(2 - AV.£457.50)
£560 GA.&FA.Brassington
£355 Mr P.D.T. Lokier

LONGHORN

(3 - AV.£493.33)
£505 JF.&BM. Gray
£500 Laura Morgan

CHAROLAIS

(4 - AV.£638.75)
£690 Richard Vernon & Ptns
£690 S.N. Bailey & Partners

BRITISH BLUE

(95 - AV.£522.11)
£765 Mr Michael Kulik
£730 DV&DA.Cliffe&Sons

ABERDEEN ANGUS

(88 - AV.£435.74)
£680 Mr Jason Atkin
£670 J. Lomax & Son

HEREFORD

(36 - AV.£417.78)
£635 RJ.&DJ.Clement
£610 S.&M. Huxley&Son

SIMMENTAL

(22 - AV.£611.59)
£735 Mr W.J. Holdcroft
£725 DV&DA.Cliffe&Sons

LIMOUSIN

(5 - AV.£546.00)
£755 Hickson & Sons Ltd
£650 Mr Michael Kulik

HEIFER CALVES

BRITISH BLUE

(90 - AV.£447.11)
£600 GA.&FA.Brassington
£600 Fitton Farms Ltd

HEREFORD

(47 - AV.£330.96)
£535 RJ.&DJ. Clement
£480 Mr Jason Atkin

SIMMENTAL

(7 - AV.£505.71)
£590 DV&DA.Cliffe&Sons
£580 Mr G.J. Underwood

SHORTHORN x 1

£490 Mr Michael Kulik

ABERDEEN ANGUS

(63 - AV.£323.57)
£500 GA.&FA.Brassington
£490 Huntington Hall Fms

CHAROLAIS

(11 - AV.£621.82)
£750 D.&E. Monk
£690 RJ.&RH. Gadsbey

LIMOUSIN

(5 - AV.£531.00)
£580 Mr S. Harding x 2
£535 RJ.&DJ. Clement

THE HOLLINS COURT HERD


DAIRY DISPERSAL SALE

145 PEDIGREE BRITISH FRIESIANS

On behalf of PAJ & EH Davies

Thursday 5th March 2026
Start Time - 10.30 am
On Farm - Mount Farm,
Saughton, Chester, CH3 6EN

- 105 Milkers
- 15 Close Calving Heifers
- 25 Served Heifers
- 6,800kg 4.17%F 3.51%P 55CC
- Herringbone Parlour
- Cubicles



BRIDGE FARM

MACHINERY SALE

On Behalf of R Cooper & Son Ltd

Friday 6th March 2026
10:30am

Sale at Bridge Farm, Church Lawton,
Stoke-On-Trent ST7 3DE

AUCTION OF TRACTORS, FARM MACHINERY,
DAIRY FARM EQUIPMENT AND SUNDRIES

Live Bidding On



MARKET DRAYTON MARKET

YOUNG STOCKPERSONS

COMPETITION 2026

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HARVESTING TOMORROW

NAVIGATING CHANGE AND PLANNING AHEAD IN THE AGRICULTURAL LANDSCAPE

Q&A EXPERT PANEL SESSION
WEDNESDAY 11TH MARCH 2026 | 4PM

**STAFFORDSHIRE COUNTY SHOWGROUND,
WESTON ROAD, STAFFORD, ST18 0BD**

LIMITED PLACES AVAILABLE
BOOKING ESSENTIAL

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JOIN US FOR A

Farmers Breakfast

9th March 10am to 12pm

Grazers Café,
Market Drayton
Livestock

Kindly sponsored by
Keele University



Shropshire Rural Support

RD1: 172096



Come and have a small breakfast
and a hot drink on us!



Shropshire
Council



WELLBEING DROP-IN

FULL AND MINI HEALTH CHECKS ARE BACK!

2026 DATES:

MARKET DRAYTON LIVESTOCK MARKET:

1ST WEDNESDAY OF THE
MONTH: 10AM - 2PM

7 TH JAN	8 TH JUL
4 TH FEB	5 TH AUG
4 TH MAR	2 ND SEPT
8 TH APR	7 TH OCT
6 TH MAY	4 TH NOV
3 RD JUN	2 ND DEC



MINI HEALTH CHECK:

- BODY MASS INDEX (HEIGHT, WEIGHT, AND WAIST MEASUREMENTS)
- BLOOD PRESSURE/PULSE
- ALCOHOL AUDIT
- PHYSICAL ACTIVITY ASSESSMENT
- Q RISK/HEART AGE
- SIGNPOST/REFERRAL TO APPROPRIATE LIFESTYLE SUPPORT

FULL HEALTH CHECK:

- CHOLESTEROL CHECK
- DIABETES CHECK
- BODY MASS INDEX (HEIGHT, WEIGHT, AND WAIST MEASUREMENTS)
- BLOOD PRESSURE/PULSE
- ALCOHOL AUDIT
- PHYSICAL ACTIVITY ASSESSMENT
- Q RISK/HEART AGE
- SIGNPOST/REFERRAL TO APPROPRIATE LIFESTYLE SUPPORT



Shropshire Rural Support



www.shropshire.gov.uk
General Enquiries: 0345 678 9000