



MARKET DRAYTON MARKET LTD Market Drayton Market Report The Following Trade:



MONDAY 2 FEBRUARY 2026

193 BARREN COWS, CULL BULLS & OVERAGE CLEAN CATTLE (Green Market)

Auctioneer : Bernie Hutchinson (07778 164274)

Fantastic to see numbers increasing and returning faces to the ring to capitalise on such a strong cow trade. The trade seems to have two dynamics - demand for end users and further finishers looking to feed your younger, leaner cows. While this level of demand keeps being prevalent please give us a try its more than just one mans opinion with seven to twelve buyers most weeks ringside, this is the competition which drives the trade!!

Hot take on the trade - overage clean to 370p or £2,513.70, sucklers to 300p or £2,298.00, dairy to 294p or £2,195.56 and bulls to 278p or £3,085.80. The overall market average returned at 230p or £1,432.88. **151 Dairies** - Truly cracking number forward and a big thank you for all your support. A very mixed entry with something for everyone and everyone for something. Young Fleckvieh took pole position at 294p or £1,617.00 from JR.&AMB. James, St Martins etc. RC.&EC. Trow, Whixall saw 278p (£1,734.72) for their black and white, Mr Alan Hughes & Family, Malt Kiln saw 274p (£1,770.04) and 261p (£1,529.46) etc, The Martin Family, Longford saw their Fleckvieh's and Montbeliarde's to 271p (£2,151.74), 269p (£2,006.74), 260p (£1,872.00) etc, R.J.MA.&WR. Thelwell, Hatherton black and white to 267p (£1,559.28) and in the lump R.J.&RH. Gadsbey, Yarlet Monty realised £2,195.56 to mention a few. The section average returned at 220p or £1,393.63 with a larger proportion of worked and parlour cows in the mix!!

27 Sucklers - Humble number forward dominated mainly with cross bred continentals. Sucklers reached 300p or £2,298.00 for a Limousin from Mr Brian Taylor & Family, Scholar Green. Further Limousins to 289p (£1,843.82) and 284p (£1,880.08) from LG Farms Ltd, Market Drayton. Natives sold to 266p (£1,436.40) for Angus from Mr Josh Donlan, Scholar Green to mention a few. The section average returned at 253p or £1,465.99.

2 Bulls - Hereford stock bull to 278p or £3,085.80 from Martin Partners, Longford and a very light lean Highland bull to 206p (£766.32) from Links Livestock, Kidderminster. The section average returned at 260p or £1,926.06.

13 Clean - Absolute flying trade but credit were its due some tremendous heifers selling to 370p or £2,456.80 for Limousin from Mr M.S. Lockley, Marston Gate and 338p twice (£2,291.64 and £2,088.84) and Limousin steer to 310p (£1,860.00). Steers sold to 315p or £2,513.70 for a Blue Cross from A.&WA. Sadler & Sons, Gt Wyrley.

- RED MARKETS -

Red Market Will Be The Second Monday of Every Month ... Monday 9 February/9 March,

3.30pm. For all cattle including T.B. restricted holdings with a movement licence from Animal Health.

39 YOUNGSTOCK

Auctioneers: Jason Brown (07774 816384) & Jonty Cliffe 07595 453306

First sale of the year for this section and what a trade. Probably one of the dearest youngstock trades we have seen at Drayton.

Served heifers three month incalf to a South Devon sold to £1,600 from A.R. Beckett & Son, Belbroughton this was from the Viola Family and was backed by 4 generations VG/EX. Their nine heifers sold in their working clothes and averaged close to £1,500.

Pedigree maidens from Raeseheath College, Reaseheath sold to £930 x 5 bearing in mind they were only seven months old it shows they are wanted despite lack of forage and straw.

Weaned cross bred calves from HR.SL.&OD. Bonell, Audlem sold to £600 x 8.

Next sale is Monday 2 March 2026, please book early entries in with Jason or Jonty.

509 WEANLINGS

Auctioneers : Ben Baggott (07791 791356) & Jonty Cliffe 07595 453306

Massive numbers forward and another superb trade to follow on from a fortnight ago! A huge crowd of buyers led to strong demand from the off, resulting in a remarkable sale average of £844 per head. Credit must go to our vendors for presenting the quality cattle. From 3-4 month-old calves through to 8-12 month-old weanlings, we had something for everyone.

Great numbers of bulls with a good mix of 5-10 months old forward, the top price went to 8mo Blue at £1,400 from P. Heeley, Agden; 7 month Charolais at £1,350 from Mr C.P. Wardle, Sandbach; 6 month Angus at £1,190 from R.J. Bower Ltd, Penkridge; 9 month Herefords at £1,180 from P. Heeley. Young bulls included 4 month Simmentals at £1,060 from Mr S.R. Nash, Stoke-on-Trent; 4 month Limousin at £870 from PE.&G. Hale, Chester; 4 month Angus at £720 from Mr F.M. Goodwin, Audlem. All 68 bulls averaged £770.31.

The steers have been relentless with several volume buyers lifting the trade and 64 selling for over £1,000. Top call going to 11 month Blues from OM.&JR. Whittingham, Mucklestone at £1,800 and £1,760. Next up 8 month Blues at £1,680 from R.W. Adams & Son, Stoke-on-Tern. A 8 month Charolais sold for £1,260 Brindley Farms Ltd, Albrighton; 10 month Angus at £1,220 from Allen Family Farm Ltd, Hanmer; 6 month Charolais at £1,100 from Mr M. Latham, Derby. The younger types saw 5 month Blues steers at £1,100 from Mr M.D. Berrisford, Betley and 5 month Angus at £1,000 from Mr M. Latham. All 212 steers averaged £909.47.

Plenty of quality heifers on offer and a fast trade throughout. Top spot went to a 10 month Blue from OM.&JR. Whittingham, Muckleston at £1,720; followed by 7 month Limousins at £1,520 from J.W. Gosmore & Partners, Chester; 11 month Angus at £1,280 from Allen Family Farm Ltd; 7 month Charolais at £1,180 from Brindley Farms Ltd, Albrighton; 9 month Angus from R.W. Harper & Partners, Burland at £980. Topping the younger end were 5 month Blues at £1,000 from J. Fox, Barthomley who also sold 4 month Simmentals at £830. Natvies saw 4 month Herefords sell to £760 from Mike Jones, Arclid. All 203 heifers averaged £801.73.

Next sale is 16 February 2026, please book early entries in with Ben or Jonty.

WEDNESDAY 4 FEBRUARY 2026

166 CLEAN CATTLE & YOUNG BULLS

Auctioneer : Bernie Hutchinson (07778 164274)

Few less forward and combined with some better shaped cattle and more demand ringside the trade certainly moved forward a gear. Super star quality and commercial types certainly found a boost in the trade a real joy to sell especially after previous weeks. Lets hope this is the start of the trade going forward, lets watch this space!! Great to see new faces both selling and buying which added to the days enjoyment. As always a big vote of thanks to all our vendors and buyers for your continued support.

The days "aces" in the pack returned at 482p or £2,701.76 for heifers, 426p or £3,132.00 for steers and 420p or £3,529.80 for bulls. The overall market average returned at 360p or £2,267.05.

43 Bulls - Humble number forward and still only a small contingent of sucklers, but this said, dairy bred types would show more finish which resulted in a stronger trade. Sucklers did race away to 420p or £2,742.60 and 410p (£2,730.60) for Limousins from new vendor Mr Mark Roberts & Family, Mid Wales. Closer to home Mr Richard Savage & Family, Hanwood saw their Limousins to 398p (£2,730.28), a Luing to 379p (£2,789.44) and Limousin to 371p (£2,930.90), Mr Dave Benbow & Family, Hilderstone saw their Limousin to 385p (£2,517.90). Natives sold to 384p (£1,904.64) for Belted Galloways from Mr Simon Beamond, Caersws. In the lump an Angus aged bull grossed £3,529.80. Drayton specials saw black and whites to 337p twice (£1,866.98 and £1,752.40). The section average returned at 355p or £2,325.70.

52 Steers - As always a very mixed Drayton entry with something for everybody and everybody for something. Trade seems to be moving forward and peaked at 426p or £2,462.28 for Limousin from Mr Emyr Roberts & Family, Llanfihangel. Mr Darren Young, Balterley saw his Limousins to 412p (£2,554.40) and 380p (£2,302.60). Talk of the trade would be the natives selling to 392p or £2,359.84 for a Hereford from Mr Charles Forrester & Family, Northwood and in the lump Mr Nev Evans & Family, Halfway House saw their Hereford generate £3,132.00 to mention a few. The section average returned at 358p or £2,335.42.

71 Heifers - Great to see a few more superstars about and certainly wetting the appetite of our butchers and wholesalers. Trade raced away to 482p or £2,419.64 for a Limousin from Mr Emyr Roberts & Family,

Llanfihangel and further heifers to 420p (£2,301.60), 410p (£2,320.60) and 396p (£2,566.03), Mr Edwards Evans & Family, Lane Farm saw their Limousins to 442p (£2,705.04), 440p (£2,648.80) and 393p (£2,562.36). Mr Ian Brown & Family, Werrington saw their Limousin to 438p (£2,505.36) and R.D. Evans & Son, Llanfihangel saw their overage Limousin heifer to a staggering 427p (£2,459.52). Closer to home Mr Jonny Warner & Family, Stoke Heath sold Charolais to 421p (£2,222.88) to mention a few. Natives to 372p (£2,388.24) for an Angus from D. & P. Nicholas, Kingswood and in the lump Dan & Anne Jones, Hollowmoor Heath saw their Angus realise £2,710.76. The section average returned at 362p or £2,308.00.

Please keep the numbers coming to meet this flying demand. Please ensure all cattle are accompanied with a FILLED IN DECLARATION FORM signed & correct Farm Assurance details. Thank you.

55 DAIRY CATTLE

Auctioneers: Jason Brown (07774 816384) & Gwilym Richards (07768 020393)

TOP PRICE COW £2,420
TOP PRICE HEIFER £2,700

A slightly smaller entry due to Dairy Tec Day at Stoneleigh. A very mixed entry of cattle forward with very few first quality, with most of the entry second and thirds.

Top price of the day came in the heifer section, consigned by T.G. Phillips & Co, Llanymyned, she made £2,700 and was sold giving 36kgs daily. The heifer was closed followed by H.F. Horton & Sons, Northwich their heifer sold to £2,620. Other heifers over £2,400 with PD.&RL. Fenton, Tarporley £2,480 and MW.&JM. Trevor-Jones, The Elms £2,420.

The cow section topped out at £2,420 from Messrs Skinner Bros, Melton Mowbray and Mr K.J. Morris, Beoley sold to £2,180.

Incalf heifers from JE.&SJ. Wood, Norbury to £1,780 for their heifer due in six weeks to a Hereford. Others to £1,680 and £1,620.

Maiden heifers from Reaseheath College, Reaseheath were always going to struggle to reach Mondays dizzy heights but sold to a very respectable level peaking at £770 x 4 with others £760, £740 x 5.

Calves from CE.&A. Walley, Waverton to £520 x 2, £500 x 2. These were all weaned and pedigree from their 10,000 litres herd.

Averages:

First Quality Heifers £2,555
All Heifers (including faults/breeds) £1,915
First Quality Cows £2,300
All Cows (including faults/breeds) £1,680

**Next Monthly Show & Sale supported by
The Western Holstein Club
Wednesday 25 February 2026.**

**Next Monthly Youngstock Sales
Monday 2 March / 6 April 2026 at 10.45am
entries to Jason or Jonty.**

226 STORE CATTLE

Auctioneer : Ben Baggott (07791 791356)

A great entry again and trade stand on from last week. Plenty of demand for all makes and models and many more could be sold.

Cows and calves traded at £2,000 while a small entry of feeding cows sold from £1,280 to £1,510. Good demand for bulls topping at £1,900 from The Callwood Family, Ollerton with better end bulls selling from £1,200 to £1,500. A useful entry of Friesian steers topping at £2,000 from J.&S. Farming, Longeaton. The section averaged £1,611 or 310p/kg.

Yarding cattle continue to reach new heights with the best at £1,900 to £2,200 topping at a whooping £2,770 for Charolais steers from Stephen Plumbley, Oscroft. A total of 47 cattle over £2,000 again this week with the better native heifers at £1,600 to £1,800 topping at £2,060 and averaging around £1,550 to £1,580. Top end cattle 380p to 400p/kg with the very best getting over 400p up to 430p/kg. More needed to meet an increasing demand.

Steers Averaged £1,818 or 361p

Heifers Averaged £1,658 or 350p

All store enquiries to Ben 07791 791356.

Steers

Breed	Price	Weight	Vendor
Friesian	£2,000.00	618kg	J. & S. Farming
Friesian	£1,690.00	529kg	NS.&BAI.Bonell&Son
Friesian	£1,685.00	535kg	Bank's Livestock
Blonde	£2,095.00	482kg	F.H. Davies & Co.
Blonde	£1,935.00	530kg	F.H. Davies & Co.
British Blue	£2,280.00	566kg	F.H. Davies & Co.
British Blue	£2,060.00	550kg	Lees Dairy Farms
British Blue	£2,050.00	543kg	WE&O.Blockley&Son
British Blue	£1,680.00	558kg	J. & S. Farming
British Blue	£1,600.00	403kg	C.F. Matthews&Son
British Blue	£1,500.00	394kg	Esther Titterton
Angus	£2,100.00	564kg	Stephen Plumbley
Angus	£1,930.00	545kg	James Boulton
Angus	£1,805.00	495kg	James Boulton
Angus	£1,780.00	516kg	N.&B. Livestock
Hereford	£2,140.00	594kg	Mr P.P. Whitby
Hereford	£2,100.00	610kg	J. & S. Farming
Hereford	£1,950.00	590kg	F.H. Davies & Co.
Charolais	£2,770.00	748kg	Stephen Plumbley
Charolais	£2,270.00	527kg	Brindley Farms Ltd
Simmental	£2,010.00	466kg	F.H. Davies & Co.
Limousin	£2,095.00	482kg	F.H. Davies & Co.
Limousin	£1,860.00	490kg	NS&BAI.Bonell&Son
Limousin	£1,800.00	434kg	RM.&AJ. Gray

Heifers

Breed	Price	Weight	Vendor
Blonde	£1,600.00	418kg	F.H. Davies & Co.
British Blue	£2,050.00	556kg	Mr P.T. Johnson
British Blue	£1,930.00	563kg	Mr D. Norbury
British Blue	£1,895.00	514kg	James Boulton
British Blue	£1,890.00	542kg	Mr P.T. Johnson
Shorthorn	£1,590.00	436kg	MP&MR.Jones&Son
Shorthorn	£1,570.00	480kg	Jennifer Brown
Angus	£2,060.00	574kg	F.H. Davies & Co.
Angus	£1,950.00	612kg	CR&G.Shepherd&Son
Angus	£1,910.00	553kg	H.A. Barber & Son
Angus	£1,730.00	539kg	Mr D. Norbury
Hereford	£1,680.00	492kg	H. Kelsall & Son
Hereford	£1,500.00	464kg	H. Kelsall & Son
Charolais	£1,900.00	566kg	F.H. Davies & Co.
Charolais	£1,590.00	389kg	MP&MR.Jones&Son
Charolais	£1,380.00	400kg	N.R. Brandon&Ptns
Simmental	£1,500.00	417kg	Richards & Civil
Limousin	£2,270.00	594kg	F.H. Davies & Co.
Limousin	£1,970.00	554kg	Mr A.J. Palmer
Limousin	£1,730.00	462kg	Mr Steven Farnell
Limousin	£1,480.00	386kg	MP&MR.Jones&Son

1,828 PRIME HOGGETS

Auctioneer : Mark Jones (07813 625787)

Hogs sold on a fantastic trade from start-to-finish for all weights and grades. A total clearance was reported and an overall market average was returned at 360p,

Lights sold to 351p for 31.7kgs to gross £111.27 for S.&DW. Eden, Leigh.

Standards sold to 419p for 38.8kgs to generate £162.57 for J.&JA. Venables, Lower Withington. Other highlight prices as follows:- 38.8kgs (413p) £160.24 S.&SM. Moss, 38.6kgs (406p) £156.72 S.&SM. Moss, 37kgs (421p) £155.77 Mr M. Manning and 38.5kgs (399p) £153.62 W. Shelley & Sons Ltd.

Mediums topped at 445p for 43.8 kilos to return £194.91 for B. Lawton & Son, Weston Jones. Others as follows:- 436p (42.2kgs) £183.99 D.&JM. Williams, 427p (45kgs) £192.15 D.&JM. Williams, 426p (45kgs) £189.00 B. Lawton & Son and 419p (39.8kgs) £166.76 J.&JA. Venables to mention a few.

Heavies sold to 400p for 45.6 kilos to realise £182.40 for B. Lawton & Son, Weston Jones. Top price in the lump was £203.22 for 53.3kgs from Mr P.D. Crossmore, Marsh Lane. The vast majority of heavies traded between 320p to 340p or £155 to £170. More required next week please.

	Sold	Av.
Premium	359	389p
Prime	1,256	356p
Other	213	309p

Lambs Graded:- Lights 351p (£111.27) average 329p (£97.37). Standards 421p (£162.57) average 356p (£128.70). Mediums 445p (£194.91) average 361p (£153.37). Heavies 400p (£203.22) average 340p (£168.89).

318 BUTCHERS EWES

Auctioneer : Mark Jones (07813 625787)

Ewes sold on a blinding trade with the best to £308 for cracking Texel ewes from Mr J.J. Lea, Hales. Light ewes sold from £60 to £90, plain ewes £100 to £120, cutting ewes £130 to £150 and heavy ewes to £160 to £200. An overall average was returned at £158.50.

519 REARING CALVES

Auctioneer : Jonty Cliffe 07595 453306

The calf job keeps on rocking with another wonderful trade! Decent numbers for time of year but the demand is totally outstripping the supply. All grades look very well sold and today's average of £464 per head is right up there with the best we've had. Numbers will very gradually increase as we move through February, as they will nationally; so

vendors please present your calves to the best of your ability to take full advantage of this trade!

Friesian Bulls – Incredibly only 23 forward which led to an unbelievable trade. 50-100 are expected per week going forward. Top price was £325 from Fitton Farms Ltd, Northwich. Best: £200-£300, Mediums: £125-£175, Small: £50-£100.

Native Bulls – Just phenomenal, they remain in top gear with 46 over £500! More quality forward which was great to see. Top price: A Hereford at £670 from Mr E. Fair, Peatswood. Best: £500-£575, Mediums: £400-£475, Small: £200-£350.

Continental Bulls – Off the clock again for all grades with a section average of £528! Top price: £800 for a Charolais bull from G. Green & Son, Lach Dennis. Best: £600-£700, Mediums: £450-£550, Small: £300-£400.

Native Heifers – A good mix of sorts today and another strong trade, possibly the edge just off from last week. More best quality needed to take advantage. Top price: Hereford at £535 from Halton Farms Ltd, Congleton. Best: £350-£450, Mediums: £250-£325, Small: £150-£225.

Continental Heifers – A phenomenal trade for all types, best still demanding a larger premium and there were plenty of them today. Section average of £466. Top price: £690 for a Blue from GB Warner, Shrewsbury. Best: £500-£575, Mediums: £400-£475, Small: £250-£350.

A handful of weanlings included 6 month Blue heifers at £690 from WJ&P. Wilson, Uttoxeter and 6 month Friesian bulls at £535 from S Bowkett, Oswestry.

BULL CALVES

FRIESIAN/HOLSTEIN

(23 - AV.£224.78)

£325 Fitton Farms Ltd

£240 G.E. Brookes & Ptns

BLONDE D'AQUITAINE

(131 - AV.£501.26)

£720 Walker&Hargreaves

£705 Mr G.B. Warner

ABERDEEN ANGUS

(60 - AV.£447.75)

£575 GC.&RE. Durose

£570 PF.&W. Hill

FLECKVIEH

(2 - AV.£375.00)

£390 JA.&AJ.Hockenhull

£360 T.P. Dutton&Sons

HEREFORD

(20 - AV.£486.00)

£670 Mr Ed Fair x 3

£645 Mr Ed Fair x 2

MONTBELIARDE

(2 - AV.£527.50)

£590 Walker & Hargreaves

£465 Mr Simon Bowkett

CHAROLAIS

(19 - AV.£610.53)

£800 G.Green & Son

£795 RJ.&RH.Gadsbey

SIMMENTAL

(15 - AV.£558.67)

£675 Mr S.R. Nash

£645 DV&DA.Cliffe&Sons

LIMOUSIN

(8 - AV.£506.88)

£590 Allen Family Fm Ltd

£560 Manor Farming Co.

WELSH BLACK x 1

£580 GA.Hargreaves&

Sons

HEIFER CALVES

BRITISH BLUE

(103 - AV.£462.48)

£690 Mr G.B. Warner

£615 D.&HE.Colclough&Son

ABERDEEN ANGUS

(58 - AV.£366.12)

£525 L.Ford

£480 Bratton Partners

HEREFORD

(22 - AV.£425.45)

£535 Halton Farms Ltd

£525 Mr Ed Fair

CHAROLAIS

(13 - AV.£514.23)

£630 RJ.&RH.Gadsbey

£585D&HE.Colclough&Son

SIMMENTAL

(16 - AV.£455.94)

£630 Mr S.R. Nash

£570 DV&DA.Cliffe&Sons

LIMOUSIN

(8 - AV.£465.63)

£645 Mr G.B. Warner

£550 Mr G.B. Warner

FOR SALE/LET

Round Bale Hay (Derby Area)

Contact 07968 105470.

140 Bales of Silage

Situated Wigan, contact 07801 257400.

Hereford Pedigree Bull

(30 months) Ready To Work/Proven

Whitchurch Area, Contact 07590 290975.

BRIDGE FARM MACHINERY SALE

On Behalf of R Cooper & Son Ltd

Friday 6th March 2026

10:30am

Sale at Bridge Farm, Church Lawton,
Stoke-On-Trent ST7 3DE

AUCTION OF TRACTORS, FARM MACHINERY,
DAIRY FARM EQUIPMENT AND SUNDRIES

Live Bidding On



MARKET DRAYTON LIVESTOCK MARKET GREEN MARKET – EVERY WEDNESDAY FAT STOCK, STORE STOCK, DAIRIES & CALVES

DEDICATED BARREN COW & OTM SALES

Every Monday Afternoon Sale at 3.30pm

Monday 16, 23 February / 2 & 16 April

GREEN Market

Monday 9 February / 9 March

RED Market

Red Market On The Second Monday of The Month
10 to 15 Buyers In Attendance

All Grades, Weights & Nationality of Cattle Required

Young Feeding Cows Required on Green Markets.

ORANGE MARKETS

Thursday 19 February / 19 March

Calves 1pm, Weanlings & Stores

at approximately 3pm

at Market Drayton Market.

DAIRY SALES

Every Wednesday at 10.30am

Monthly Show & Sale

Supported by the Western Holstein Club

Wednesday 25 February / 25 March

at Market Drayton Market.

DAIRY YOUNGSTOCK SALES

2 March / 6 April (Easter Monday) at 10.45am

at Market Drayton Market.

barbersRURAL

rural surveyors & property agents

Farm Planning Winners 2026 Stretton YFC



Dan and Jonty had a fantastic evening as part of the judging panel at the Cheshire YFC Farm Planning Competition last week, alongside Keith from KMT Farming and Consultancy LTD.



A huge congratulations to everyone involved. It was great to see such strong commercial awareness, innovation and passion for the future of farming on display. We are proud to support the next generation.



Park Farm

📍 **Crowley, Cheshire**

VERSATILE RURAL SMALLHOLDING IN A PEACEFUL, RURAL LOCATION

68.20 Acres (27.60 Ha) in all

3-bed barn conversion (subject to an Agricultural Occupancy Condition)
traditional brick barn with Class Q approval | substantial range of modern farm buildings
further conversion potential | workshop | ideal for horses and livestock
scope for business use | suited to multi-generational living

O.I.E.O £1,700,000

FOR MORE INFORMATION CONTACT ANNABEL OR STEPH FROM OUR PROPERTY SALES TEAM

  @barbersrural 01630 692500 sales@barbers-rural.co.uk



WELLBEING DROP-IN

FULL AND MINI HEALTH CHECKS ARE BACK!

2026 DATES:

MARKET DRAYTON LIVESTOCK MARKET:

1ST WEDNESDAY OF THE
MONTH: 10AM - 2PM

7TH JAN

8TH JUL

4TH FEB

5TH AUG

4TH MAR

2ND SEPT

8TH APR

7TH OCT

6TH MAY

4TH NOV

3RD JUN

2ND DEC



MINI HEALTH CHECK:

- BODY MASS INDEX (HEIGHT, WEIGHT, AND WAIST MEASUREMENTS)
- BLOOD PRESSURE/PULSE
- ALCOHOL AUDIT
- PHYSICAL ACTIVITY ASSESSMENT
- Q RISK/HEART AGE
- SIGNPOST/REFERRAL TO APPROPRIATE LIFESTYLE SUPPORT

FULL HEALTH CHECK:

- CHOLESTEROL CHECK
- DIABETES CHECK
- BODY MASS INDEX (HEIGHT, WEIGHT, AND WAIST MEASUREMENTS)
- BLOOD PRESSURE/PULSE
- ALCOHOL AUDIT
- PHYSICAL ACTIVITY ASSESSMENT
- Q RISK/HEART AGE
- SIGNPOST/REFERRAL TO APPROPRIATE LIFESTYLE SUPPORT



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